

London to Barking, Upminster, Basildon, Grays, Tilbury, Southend Central and Shoeburyness

Mondays to Fridays

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC			
London Fenchurch Street (FST)	7 d	0500		0507	0522	0530	0540		0558	0604	0608	0616	0626	0633	0637		0642	0648		
Limehouse (LHS)	DLR d	0504		0511	0526	0534	0544		0602	0608	0613	0621	0630	0638	0641			0652		
West Ham (WEH)	DLR d	0509		0516	0531	0539	0549		0608	0613	0618	0626	0635	0644	0647			0658		
London Liverpool Street (LST)	15 d																			
Stratford (SRA)	DLR 7 d																			
Barking (BKG)	DLR d	0452	0514	0519	0522	0537	0544	0554	0559	0614	0618	0624	0633	0641	0650	0653	←	0657	0703	
Upminster (UPM)	DLR d	0500	0522		0530		0553	0602			0626	0632		0649	0702e		0702e	0706	0712	
Ockendon (OCK)	d	0506			0535			0608				0640			→			0710		
Chafford Hundred Lakeside (CFH)	d	0509			0539			0611				0643						0714		
Dagenham Dock (DDK)	d			0523		0544			0603	0619			0638					0657		
Rainham (RNM)	d			0527		0548			0607	0623			0642					0701		
Purfleet (PFL)	d			0532		0553			0612	0628			0647					0706		
Grays (GRY)	a	0514		0538	0543	0559		0615	0619	0634		0647	0654					0712	0721	
Grays (GRY)	d	0514			0543			0616				0648						0714		
Tilbury Town (TIL)	3 d	0517			0546			0619				0651						0717		
East Tilbury (ETL)	d	0523			0552			0625				0657						0723		
Stanford-le-Hope (SFO)	d	0527			0556			0628				0700						0727		
West Horndon (WHR)	d		0527				0558				0631		0654						0711	
Laindon (LAI)	d		0532				0603				0636		0659						0716	0720
Basildon (BSO)	d		0535				0606				0639		0702							0724
Pitsea (PSE)	d	0535	0539		0604		0610	0638			0643	0708a		0706		0738a			0720	0727
Benfleet (BEF)	d	0539	0542		0608		0613	0642			0646		0710						0724	0731
Leigh-on-Sea (LES)	d	0543	0547		0613		0618	0646			0651		0714						0729	0736
Chalkwell (CHW)	d	0546	0549		0615		0620	0649			0653		0717						0731	0739
Westcliff (WCF)	d	0548	0551		0617		0622	0651			0655		0719						0733	0741
Southend Central (SOC)	a	0551	0554		0620		0625	0654			0658		0721						0736	0743
Southend Central (SOC)	d		0555				0625				0658		0722						0736	0744
Southend East (SOE)	d		0557				0627				0700		0724						0738	0746
Thorpe Bay (TPB)	d		0559				0629				0703		0726						0741	0748
Shoeburyness (SRY)	a		0603				0633				0708		0730						0745	0752

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC			
London Fenchurch Street (FST)	7 d	0656	0659	0702	0707	0712	0717	0720	0726	0729	0732	0735	0737	0740	0750	0753	0756	0759	0802	
Limehouse (LHS)	DLR d			0706	0712		0721	0725	0730	0733	0736	0739	0742	0744	0754	0757			0803	0806
West Ham (WEH)	DLR d		0708	0711	0717		0727	0730	0735	0738	0741	0744	0747	0750	0759	0802	0805	0809	0811	
London Liverpool Street (LST)	15 d																			
Stratford (SRA)	DLR 7 d																			
Barking (BKG)	DLR d	0709	0714	0718	0723	0727	0733	0736	0740	0743	0747	0749	0753		0804	0807	0811	0814	0818	
Upminster (UPM)	DLR d		0724		0733		0744					0757		0802	0812		0819	0822		
Ockendon (OCK)	d				0740									0810						
Chafford Hundred Lakeside (CFH)	d				0744									0813						
Dagenham Dock (DDK)	d			0722			0737				0752								0822	
Rainham (RNM)	d			0726			0741				0756								0826	
Purfleet (PFL)	d			0731			0746				0801								0832	
Grays (GRY)	a			0738	0748		0753				0806		0810	0819					0838	
Grays (GRY)	d				0748						0807			0819						
Tilbury Town (TIL)	3 d				0751						0810			0822						
East Tilbury (ETL)	d				0757						0816			0828						
Stanford-le-Hope (SFO)	d				0801						0819			0831						
West Horndon (WHR)	d		0729									0802							0827	
Laindon (LAI)	d	0724a	0735				0752	0755a	0800		0807			0820	0824a	0828			0832	
Basildon (BSO)	d		0739			0745	0756		0803		0810			0823					0835	
Pitsea (PSE)	d		0744		0809a		0759		0806	0827a	0814		0839a	0827			0833		0839	
Benfleet (BEF)	d		0747				0803		0810		0817			0830					0836	
Leigh-on-Sea (LES)	d		0752			0755a	0807		0814		0822			0835					0841	
Chalkwell (CHW)	d		0755				0810		0817		0824			0837					0844	
Westcliff (WCF)	d		0757				0812		0819		0826			0839					0846	
Southend Central (SOC)	a		0800				0814		0821		0829			0842					0848	
Southend Central (SOC)	d		0800				0815		0822		0829								0849	
Southend East (SOE)	d		0802				0817		0824		0831								0851	
Thorpe Bay (TPB)	d		0805				0819		0826		0834								0854	
Shoeburyness (SRY)	a		0809				0823		0830		0839								0858	

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- e Arrives 4 minutes earlier

London to Barking, Upminster, Basildon, Grays, Tilbury, Southend Central and Shoeburyness

Mondays to Fridays

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	
London Fenchurch Street (FST)	7 d	0805	0811	0814	0820	0826	0832	0835	0847	0850	0900		0908	0919		0922	0936	0941	0949
Limehouse (LHS)	DLR d	0809		0824	0830	0835	0841	0845	0856	0859	0904		0913	0923		0927	0940	0945	0953
West Ham (WEH)	DLR d	0814	0819	0824	0830	0835	0841	0845	0856	0859	0909		0918	0928		0932	0945	0950	0958
London Liverpool Street (LST)	15 d																		
Stratford (SRA)	DLR 7 d																		
Barking (BKG)	d	0820	0825	0829	0836	0841	0848	0852	0901	0908c	0914		0924	0933		0938	0950	0955	1003
Upminster (UPM)	d	0828	0834	0838	0844	0849		0902	0909		0922		0932	0941			0958	1003	1011
Ockendon (OCK)	d		0840					0910					0939					1009	
Chafford Hundred Lakeside (CFH)	d		0844					0914					0943					1013	
Dagenham Dock (DDK)	d						0852			0912						0942			
Rainham (RNM)	d						0856			0916						0946			
Purfleet (PFL)	d						0902			0922						0951			
Grays (GRY)	a		0848				0908	0918		0928			0947			0958		1017	
Grays (GRY)	d		0848					0918					0947					1017	
Tilbury Town (TIL)	3 d		0851					0921					0921	0950		0950		1020	
East Tilbury (ETL)	d		0857										0927			0956			
Stanford-le-Hope (SFO)	d		0900										0931			1000			
West Horndon (WHR)	d			0849	0855				0914		0927						1003		
Laindon (LAI)	d	0836		0846	0853	0900			0919		0932			0949			1008		1019
Basildon (BSO)	d	0839		0850	0857				0922		0935			0953			1011		1023
Pitsea (PSE)	d	0843	0908a		0900	0907			0926		0939	0943c			1008		1015		
Benfleet (BEF)	d	0846		0856	0904	0911			0929		0942	0947		0958	1012		1018		1028
Leigh-on-Sea (LES)	d	0851		0901	0908	0916			0934		0947	0951		1003	1017		1023		1033
Chalkwell (CHW)	d	0853		0903	0911	0919			0936		0949	0954		1005	1019		1025		1035
Westcliff (WCF)	d	0855		0905	0913	0921			0938		0951	0956		1007	1021		1027		1037
Southend Central (SOC)	a	0858		0908	0915	0923			0941		0954	0959		1010	1024		1030		1040
Southend Central (SOC)	d			0908	0916	0924			0941		0954			1010	1024		1030		1040
Southend East (SOE)	d			0910	0918	0926			0943		0956			1012	1026		1032		1042
Thorpe Bay (TPB)	d			0913	0920	0928			0946		0959			1015	1029		1035		1045
Shoeburyness (SRY)	a			0917	0924	0934			0950		1003			1019	1033		1039		1049

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	
London Fenchurch Street (FST)	7 d	0953	1004	1011	1019		1024	1034	1041	1049		1053	1104	1112	1119		1124	1134	
Limehouse (LHS)	DLR d	0957	1008	1015	1023		1028	1038	1045	1053		1057	1108	1116	1123		1128	1138	
West Ham (WEH)	DLR d	1002	1013	1020	1028		1033	1043	1050	1058		1102	1113	1121	1128		1133	1143	
London Liverpool Street (LST)	15 d																		
Stratford (SRA)	DLR 7 d																		
Barking (BKG)	d		1009	1018	1025	1033		1039	1048	1055	1103		1108	1118	1126	1133		1139	1148
Upminster (UPM)	d			1026	1033	1041			1056	1103	1111			1126	1134	1141			1156
Ockendon (OCK)	d				1039					1109					1140				
Chafford Hundred Lakeside (CFH)	d				1043					1113					1144				
Dagenham Dock (DDK)	d		1013					1044					1112					1143	
Rainham (RNM)	d		1017					1047					1116					1147	
Purfleet (PFL)	d		1022					1052					1121					1152	
Grays (GRY)	a		1028		1047			1059		1117			1127		1148			1158	
Grays (GRY)	d			1047					1117				1127		1148				
Tilbury Town (TIL)	3 d	1020		1050		1050			1120		1120			1151		1151			
East Tilbury (ETL)	d	1026				1056					1126					1157			
Stanford-le-Hope (SFO)	d	1030				1100					1130					1201			
West Horndon (WHR)	d			1031					1101					1131					1201
Laindon (LAI)	d			1036		1049			1106		1119			1136		1149			1206
Basildon (BSO)	d			1039		1053			1109		1123			1139		1153			1209
Pitsea (PSE)	d	1038		1043		1108			1113			1138		1143			1209		1213
Benfleet (BEF)	d	1042		1046		1058	1112		1116		1128	1142		1146		1158	1213		1216
Leigh-on-Sea (LES)	d	1046		1051		1103	1117		1121		1133	1146		1151		1203	1217		1221
Chalkwell (CHW)	d	1049		1053		1105	1119		1123		1135	1149		1153		1205	1220		1223
Westcliff (WCF)	d	1051		1055		1107	1121		1125		1137	1151		1155		1207	1222		1225
Southend Central (SOC)	a	1054		1058		1110	1124		1128		1140	1154		1158		1210	1225		1228
Southend Central (SOC)	d			1058		1110	1124		1128		1140			1158		1210			1228
Southend East (SOE)	d			1100		1112	1126		1130		1142			1200		1212			1230
Thorpe Bay (TPB)	d			1103		1115	1129		1133		1145			1203		1215			1233
Shoeburyness (SRY)	a			1107		1119	1133		1138		1149			1207		1219			1237

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- c Arrives 3 minutes earlier

London to Barking, Upminster, Basildon, Grays, Tilbury, Southend Central and Shoeburyness

Mondays to Fridays

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC		
London Fenchurch Street (FST)	7 d	1139	1149		1153	1204	1211	1219		1223	1234	1241	1249		1253	1304	1311	1319	
Limehouse (LHS)	DLR d	1143	1153		1157	1208	1215	1223		1227	1238	1245	1253		1257	1308	1315	1323	
West Ham (WEH)	DLR d	1148	1158		1202	1213	1220	1228		1232	1243	1250	1258		1302	1313	1320	1328	
London Liverpool Street (LST)	15 d																		
Stratford (SRA)	DLR 7 d																		
Barking (BKG)	7 d	1153	1203		1208	1218	1225	1233		1238	1248	1255	1303		1308	1318	1325	1333	
Upminster (UPM)	7 d	1202	1211			1226	1233	1241			1256	1303	1311			1326	1334	1341	
Ockendon (OCK)	d	1207					1239					1309					1339		
Chafford Hundred Lakeside (CFH)	d	1211					1243					1313					1343		
Dagenham Dock (DDK)	d				1212					1242					1314				
Rainham (RNM)	d				1216					1246					1317				
Purfleet (PFL)	d				1221					1251					1322				
Grays (GRY)	a	1215			1227		1247			1257		1317			1328		1347		
Grays (GRY)	d	1217		←			1247		←			1317		←			1347	←	
Tilbury Town (TIL)	8 d	1220		1220			1250		1250			1320		1320			1350	1350	
East Tilbury (ETL)	d	←		1226			←		1256		←			1326		←		1356	
Stanford-le-Hope (SFO)	d			1230					1300					1330				1400	
West Horndon (WHR)	d					1231					1301					1331			
Laindon (LAI)	d		1219			1236		1249			1306		1319			1336		1349	
Basildon (BSO)	d		1223			1239		1253			1309		1323			1339		1353	
Pitsea (PSE)	d			1238		1243			1308		1313			1338		1343		1408	
Benfleet (BEF)	d		1228	1242		1246		1258	1312		1316		1328	1342		1346		1358	1412
Leigh-on-Sea (LES)	d		1233	1246		1251		1303	1316		1321		1333	1346		1351		1403	1416
Chalkwell (CHW)	d		1235	1249		1253		1305	1319		1323		1335	1349		1353		1405	1419
Westcliff (WCF)	d		1237	1251		1255		1307	1321		1325		1337	1351		1355		1407	1421
Southend Central (SOC)	a		1240	1254		1258		1310	1324		1328		1340	1354		1358		1410	1424
Southend Central (SOC)	d		1240			1258		1310			1328		1340			1358		1410	
Southend East (SOE)	d		1242			1300		1312			1330		1342			1400		1412	
Thorpe Bay (TPB)	d		1245			1303		1315			1333		1345			1403		1415	
Shoeburyness (SRY)	a		1249			1307		1319			1337		1349			1407		1419	

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC		
London Fenchurch Street (FST)	7 d	1323	1334	1341	1349		1353	1404	1411	1419		1423	1434	1441	1449		1453	1504	1511
Limehouse (LHS)	DLR d	1327	1338	1345	1353		1357	1408	1415	1423		1427	1438	1445	1453		1457	1508	1515
West Ham (WEH)	DLR d	1332	1343	1350	1358		1402	1413	1420	1428		1432	1443	1450	1458		1502	1513	1520
London Liverpool Street (LST)	15 d																		
Stratford (SRA)	DLR 7 d																		
Barking (BKG)	7 d	1338	1348	1355	1403		1408	1418	1425	1433		1438	1448	1455	1503		1508	1518	1525
Upminster (UPM)	7 d		1356	1403	1411			1426	1433	1441			1456	1503	1511			1526	1533
Ockendon (OCK)	d			1409					1439					1509					1539
Chafford Hundred Lakeside (CFH)	d			1413					1443					1513					1543
Dagenham Dock (DDK)	d	1344					1412					1442						1512	
Rainham (RNM)	d	1347					1416					1446						1516	
Purfleet (PFL)	d	1352					1421					1451						1521	
Grays (GRY)	a	1359		1417			1428		1447			1457		1517				1527	1547
Grays (GRY)	d			1417		←			1447		←			1517		←			1547
Tilbury Town (TIL)	8 d			1420		1420			1450		1450			1520		1520			1550
East Tilbury (ETL)	d			←		1426			←		1456		←			1526			←
Stanford-le-Hope (SFO)	d					1430					1500					1530			
West Horndon (WHR)	d		1401					1431					1501						1531
Laindon (LAI)	d		1406		1419			1436		1449			1506		1519				1536
Basildon (BSO)	d		1409		1423			1439		1453			1509		1523				1539
Pitsea (PSE)	d		1413			1438		1443			1508		1513			1538			1543
Benfleet (BEF)	d		1416		1428	1442		1446		1458	1512		1516		1528	1542			1546
Leigh-on-Sea (LES)	d		1421		1433	1446		1451		1503	1516		1521		1533	1546			1551
Chalkwell (CHW)	d		1423		1435	1449		1453		1505	1519		1523		1535	1549			1553
Westcliff (WCF)	d		1425		1437	1451		1455		1507	1521		1525		1537	1551			1555
Southend Central (SOC)	a		1428		1440	1454		1458		1510	1524		1528		1540	1554			1558
Southend Central (SOC)	d		1428		1440			1458		1510			1528		1540				1558
Southend East (SOE)	d		1430		1442			1500		1512			1530		1542				1600
Thorpe Bay (TPB)	d		1433		1445			1503		1515			1533		1545				1603
Shoeburyness (SRY)	a		1437		1449			1507		1519			1537		1549				1607

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time

London to Barking, Upminster, Basildon, Grays, Tilbury, Southend Central and Shoeburyness

Mondays to Fridays

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC
London Fenchurch Street (FST) 7 d	1519		1523	1534	1541	1548	1552	1600	1604	1607	1610	1616	1621	1625	1628	1631	1636	1644
Limehouse (LHS) DLR d	1523		1527	1538	1545	1552	1556	1605	1609	1612	1615	1621	1626	1630	1633	1636	1641	1649
West Ham (WEH) DLR d	1528		1532	1544	1550	1558	1602	1610	1614	1617	1621	1626	1631	1635	1638	1641	1646	1654
London Liverpool Street (LST) 15 d																		
Stratford (SRA) DLR 7 d																		
Barking (BKG) DLR d	1533		1538	1549	1556	1603	1608	1616	1620	1623	1626	1632	1638	1641	1644	1649	1652	1700
Upminster (UPM) DLR d	1541			1558	1604	1612		1624		1631	1635	1640		1649	1653	1656		1708
Ockendon (OCK) d					1610						1640			1657				
Chafford Hundred Lakeside (CFH) d					1614						1644			1701				
Dagenham Dock (DDK) d			1543				1612		1625			1643						1657
Rainham (RNM) d			1546				1616		1629			1647						1701
Purfleet (PFL) d			1551				1621		1634			1652						1707
Grays (GRY) a			1557		1619		1628		1640		1648	1658	1706					1712
Grays (GRY) d		←			1619						1649	1659						1713
Tilbury Town (TIL) 3 d		1550			1622						1652	1702						1716
East Tilbury (ETL) d		1556			1628						1658	1708						→
Stanford-le-Hope (SFO) d		1600			1632						1701	1712						
West Horndon (WHR) d				1603						1636		1645				1701		1713
Laindon (LAI) d	1549			1607		1620				1641		1650			1701	1706		1718
Basildon (BSO) d	1553			1610		1623		1634		1645		1654			1705	1710		
Pitsea (PSE) d		1608		1614	1640a					1648	1709a	1657	1720a			1713		1723
Benfleet (BEF) d	1558	1612		1617		1629		1640		1652					1711	1717		1727
Leigh-on-Sea (LES) d	1603	1616		1622		1634		1645		1657					1716	1721		1732
Chalkwell (CHW) d	1605	1619		1624		1637		1647		1700		1705			1718	1724		1734
Westcliff (WCF) d	1607	1621		1627		1639		1649		1702		1707			1720	1726		1736
Southend Central (SOC) a	1610	1624		1629		1641		1652		1704		1710			1723	1728		1739
Southend Central (SOC) d	1610			1630		1642		1652		1705		1710			1723	1729		1739
Southend East (SOE) d	1612			1632		1644		1654		1707		1712			1725	1731		1741
Thorpe Bay (TPB) d	1618c			1634		1646		1657		1709		1715			1728	1733		1744
Shoeburyness (SRY) a	1622			1638		1652		1701		1713		1719			1732	1737		1748

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC
London Fenchurch Street (FST) 7 d	1650	1654	1657	1704	1707	1710	1716	1719	1722	1725	1730	1734	1737	1740	1743	1747	1752	
Limehouse (LHS) DLR d	1655	1659	1702	1709	1712	1715	1721	1724	1727	1730	1735	1739	1742	1745	1748	1752	1757	
West Ham (WEH) DLR d	1700	1704	1707	1714	1717	1720	1726	1729	1732	1735	1740	1744	1747	1750	1753	1757	1802	
London Liverpool Street (LST) 15 d																		
Stratford (SRA) DLR 7 d																		
Barking (BKG) DLR d		1706	1710		1720	1723	1726			1738	1741		1750	1753				1803
Upminster (UPM) DLR d			1718	1722	1729		1734	1739	1744		1749	1754	1759		1804			1811
Ockendon (OCK) d			1726				1740				1757				1810			
Chafford Hundred Lakeside (CFH) d			1730				1744				1801				1814			
Dagenham Dock (DDK) d		1711				1728				1743				1758				1813
Rainham (RNM) d		1715				1732				1747				1802				1817
Purfleet (PFL) d		1721				1738				1753				1808				1823
Grays (GRY) a		1726	1735			1743	1750			1758	1806			1813	1820			1828
Grays (GRY) d	←	1727				1744				1759				1814				1829
Tilbury Town (TIL) 3 d	1716	1731				1748				1802				1817				1832
East Tilbury (ETL) d	1722	1737				1754				1808				1823				1838
Stanford-le-Hope (SFO) d	1726	1741				1758				1812				1827				1843
West Horndon (WHR) d					1734				1749					1804				1816
Laindon (LAI) d				1730	1739			1747	1754				1803	1809			1815	1821
Basildon (BSO) d				1734	1743				1758					1812				1825
Pitsea (PSE) d	1741f	1749a				1746	1806a		1752	1801	1821a		1808	1816	1835a			1851a
Benfleet (BEF) d	1745			1740	1750				1756	1805			1812	1820			1824	1831
Leigh-on-Sea (LES) d	1750a			1745	1755				1801	1810			1817	1825			1829	1836
Chalkwell (CHW) d				1747	1758				1804	1813			1819	1827			1831	1838
Westcliff (WCF) d				1749	1800				1806	1815			1821	1829			1833	1840
Southend Central (SOC) a				1752	1802				1808	1817			1824	1832			1836	1843
Southend Central (SOC) d				1752	1803				1809	1818			1824	1832			1836	
Southend East (SOE) d				1754	1805				1811	1820			1826	1834			1838	
Thorpe Bay (TPB) d				1757	1807				1813	1822			1829	1837			1841	
Shoeburyness (SRY) a				1802	1811				1817	1826			1834	1841			1845	

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- c Arrives 3 minutes earlier
- f Arrives 6 minutes earlier

London to Barking, Upminster, Basildon, Grays, Tilbury, Southend Central and Shoeburyness

Mondays to Fridays

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	
London Fenchurch Street (FST) 7 d	1758	1803	1807	1810	1816	1819	1822	1830	1834		1840	1846	1851	1855		1907	1911	1918
Limehouse (LHS) DLR d	1803	1808	1812	1815	1821	1824	1827	1835	1839		1845	1851	1856	1900		1912	1915	1923
West Ham (WEH) DLR d	1808	1813	1817	1820	1826	1829	1832	1840	1844		1850	1856	1901	1905		1917	1921	1928
London Liverpool Street (LST) 15 d																		
Stratford (SRA) DLR 7 d																		
Barking (BKG) DLR d		1819	1823	1826		1835	1838		1850		1856		1908	1911		1923	1926	1934
Upminster (UPM) DLR d	1821	1827		1834		1844		1853	1858		1904		1919			1931	1934	1942
Ockendon (OCK) d				1840							1910							1940
Chafford Hundred Lakeside (CFH) d				1844							1914							1944
Dagenham Dock (DDK) d			1828				1843						1913					
Rainham (RNM) d			1832				1847						1917					
Purfleet (PFL) d			1838				1853						1922					
Grays (GRY) a			1843	1849			1859				1918		1929					1948
Grays (GRY) d			1844				1900			←	1918							1948
Tilbury Town (TIL) 3 d			1847				1903			→	1903	1921			←	1921		1951
East Tilbury (ETL) d			1853				→			→	1909	→			→	1927		→
Stanford-le-Hope (SFO) d			1857							→	1913				→	1931		
West Horndon (WHR) d		1832				1849			1903				1924			1936		
Laindon (LAI) d	1829	1837			1846	1854		1901	1908			1915	1929			1941		1951
Basildon (BSO) d		1841				1858		1905	1911			1919	1933			1945		1954
Pitsea (PSE) d	1834	1845	1905a			1901			1915	1925e					1937	1941	1949	1958
Benfleet (BEF) d	1838	1849			1854	1905		1911	1918	1929		1925	1941	1946	1953	1958		2002
Leigh-on-Sea (LES) d	1843	1854			1859	1910		1916	1923	1933		1930	1945	1951	1958			2007
Chalkwell (CHW) d	1846	1856			1902	1913		1918	1925	1936		1932	1948	1953	2000			2010
Westcliff (WCF) d	1848	1858			1905	1915		1920	1927	1938		1934	1950	1955	2002			2013
Southend Central (SOC) a	1850	1901			1907	1917		1923	1930	1941		1937	1952	1958	2005			2016
Southend Central (SOC) d	1851	1901			1908	1918		1923	1930			1937		1953		2005		2016
Southend East (SOE) d	1853	1903			1910	1920		1925	1932			1939		1955		2007		2018
Thorpe Bay (TPB) d	1856	1906			1912	1922		1928	1935			1942		1957		2010		2020
Shoeburyness (SRY) a	1900	1910			1917	1926		1934	1939			1946		2001		2014		2024

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC		
London Fenchurch Street (FST) 7 d		1923	1935	1941	1949		1953	2005	2011	2019			2023	2034	2040	2049		2053	2104
Limehouse (LHS) DLR d		1927	1939	1945	1953		1957	2009	2015	2023			2027	2038	2045	2053		2057	2108
West Ham (WEH) DLR d		1932	1944	1950	1958		2002	2014	2020	2028			2032	2043	2050	2058		2102	2113
London Liverpool Street (LST) 15 d																			
Stratford (SRA) DLR 7 d																			
Barking (BKG) DLR d		1938	1950	1955	2004		2008	2019	2025	2033		2038	2048	2055	2103			2108	2118
Upminster (UPM) DLR d			1958	2003	2012			2027	2033	2041			2056	2103	2111				2126
Ockendon (OCK) d				2009					2039					2109					
Chafford Hundred Lakeside (CFH) d				2013					2043					2113					
Dagenham Dock (DDK) d		1942					2014						2042						2112
Rainham (RNM) d		1946					2017						2046						2116
Purfleet (PFL) d		1951					2022						2051						2121
Grays (GRY) a		1958		2017			2029		2048				2058		2117				2128
Grays (GRY) d	←			2017		←			2048		←				2117		←		
Tilbury Town (TIL) 3 d	1951			2020		2020			2051		2051				2120			2120	
East Tilbury (ETL) d	1957			→		2026			→		2057			→	2126			2126	
Stanford-le-Hope (SFO) d	2001					2030					2101				2130				
West Horndon (WHR) d			2003					2032						2101					2131
Laindon (LAI) d			2007		2020			2037		2049				2106		2119			2136
Basildon (BSO) d			2011		2023			2040		2053				2109		2123			2139
Pitsea (PSE) d	2009		2014			2038		2044			2109			2113			2138		2143
Benfleet (BEF) d	2013		2018		2029	2042		2047		2058	2113			2116		2128	2142		2146
Leigh-on-Sea (LES) d	2017		2022		2033	2046		2052		2103	2117			2121		2133	2146		2151
Chalkwell (CHW) d	2020		2025		2036	2049		2054		2105	2120			2123		2135	2149		2153
Westcliff (WCF) d	2022		2027		2038	2051		2056		2107	2122			2125		2137	2151		2155
Southend Central (SOC) a	2024		2029		2040	2054		2059		2110	2124			2128		2140	2153		2158
Southend Central (SOC) d	2025		2030		2041			2059		2110	2125			2128		2140	2153		2158
Southend East (SOE) d	2027		2032		2043			2101		2112	2127			2130		2142	2155		2200
Thorpe Bay (TPB) d	2029		2034		2045			2104		2115	2129			2133		2145	2158		2203
Shoeburyness (SRY) a	2033		2039		2049			2108		2119	2133			2137		2149	2202		2207

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- e Arrives 4 minutes earlier

London to Barking, Upminster, Basildon, Grays, Tilbury, Southend Central and Shoeburyness

Mondays to Fridays

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	
London Fenchurch Street (FST)	7 d	2111	2119		2123	2134	2141	2149		2153	2204	2211	2219		2222	2234	2241	2254	2258
Limehouse (LHS)	DLR d	2115	2123		2127	2138	2145	2153		2157	2208	2215	2223		2226	2238	2245	2258	2302
West Ham (WEH)	DLR d	2120	2128		2132	2143	2150	2158		2202	2213	2220	2228		2231	2243	2250	2303	2307
London Liverpool Street (LST)	DLR 15 d																		
Stratford (SRA)	DLR 7 d																		
Barking (BKG)	DLR d	2125	2133		2138	2149	2155	2203		2208	2218	2225	2233		2237	2248	2255	2309	2312
Upminster (UPM)	DLR d	2133	2141			2157	2203	2211			2226	2233	2241			2256	2303		2320
Ockendon (OCK)	d	2139					2209					2239					2309		
Chafford Hundred Lakeside (CFH)	d	2143					2213					2243					2313		
Dagenham Dock (DDK)	d				2142					2212					2242				2313
Rainham (RNM)	d				2146					2216					2246				2317
Purfleet (PFL)	d				2151					2221					2251				2322
Grays (GRY)	a	2147			2158		2217			2227		2247			2258		2317		2328
Grays (GRY)	d	2147					2217					2247					2317		
Tilbury Town (TIL)	8 d	2150		2150			2220		2220			2250		2250			2320		
East Tilbury (ETL)	d			2156					2226					2256					
Stanford-le-Hope (SFO)	d			2200					2230					2300					
West Horndon (WHR)	d					2202					2231						2301		
Laindon (LAI)	d		2149			2207		2219			2236		2249				2306		2328
Basildon (BSO)	d		2153			2210		2223			2239		2253				2309		2332
Pitsea (PSE)	d			2208		2214			2238		2243			2308			2313		
Benfleet (BEF)	d		2158	2212		2218		2228	2242		2246		2258	2312		2316			2337
Leigh-on-Sea (LES)	d		2203	2216		2223		2233	2246		2251		2303	2316		2321			2342
Chalkwell (CHW)	d		2205	2219		2226		2235	2249		2253		2305	2319		2323			2344
Westcliff (WCF)	d		2207	2221		2228		2237	2251		2255		2307	2321		2325			2346
Southend Central (SOC)	a		2210	2224		2230		2240	2254		2258		2310	2323		2328			2349
Southend Central (SOC)	d		2210			2231		2240			2258		2310	2324		2328			2349
Southend East (SOE)	d		2212			2233		2242			2300		2312	2326		2330			2351
Thorpe Bay (TPB)	d		2215			2235		2245			2303		2315	2328		2333			2354
Shoeburyness (SRY)	a		2219			2239		2249			2307		2319	2332		2337			2358

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC
Days of operation/Notes	TSM	TSM	TSM	TSM	TSM	TSM	TSM	TSM	TSM	TSM	TSM	TSM	TSM	TSM	TSM	TSM	TSM
London Fenchurch Street (FST)	7 d		2311	2315		2324	2334	2341	2354	0004	0011	0024	0034				
Limehouse (LHS)	DLR d		2315	2319		2328	2338	2345	2358	0008	0015	0028	0038				
West Ham (WEH)	DLR d		2320	2324		2333	2343	2350	0003	0013	0020	0033	0043				
London Liverpool Street (LST)	DLR 15 d																
Stratford (SRA)	DLR 7 d																
Barking (BKG)	DLR d		2325	2329		2339	2348	2355	0009	0018	0025	0039	0049				
Upminster (UPM)	DLR d		2333	2337			2356	0004		0026	0033		0057				
Ockendon (OCK)	d		2339					0009					0039				
Chafford Hundred Lakeside (CFH)	d		2343					0013					0042				
Dagenham Dock (DDK)	d					2343			0013				0043				
Rainham (RNM)	d					2347			0017				0047				
Purfleet (PFL)	d					2352			0022				0052				
Grays (GRY)	a		2347			2358		0017	0028		0046	0058					
Grays (GRY)	d		2347					0018			0046						
Tilbury Town (TIL)	8 d		2320	2350		2350		0021			0049						
East Tilbury (ETL)	d		2326			2356		0027			0055						
Stanford-le-Hope (SFO)	d		2330			2359		0030			0059						
West Horndon (WHR)	d			2342			0001			0031			0102				
Laindon (LAI)	d			2347			0006			0036			0107				
Basildon (BSO)	d			2350			0009			0039			0110				
Pitsea (PSE)	d	2338		2354	0007		0013	0038		0043	0107		0114				
Benfleet (BEF)	d	2342		2357	0011		0016	0042		0046	0111		0117				
Leigh-on-Sea (LES)	d	2346		0002	0015		0021	0047		0051	0115		0122				
Chalkwell (CHW)	d	2349		0004	0018		0023	0049		0053	0118		0124				
Westcliff (WCF)	d	2351		0006	0020		0025	0051		0055	0120		0126				
Southend Central (SOC)	a	2353		0009	0022		0028	0054		0058	0122		0129				
Southend Central (SOC)	d	2354		0009	0023		0028	0054		0058	0122		0129				
Southend East (SOE)	d	2356		0011	0025		0030	0056		0100	0124		0131				
Thorpe Bay (TPB)	d	2358		0014	0027		0033	0058		0103	0127		0134				
Shoeburyness (SRY)	a	0003		0018	0031		0037	0102		0107	0131		0138				

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time

TSM Tuesday to Saturday mornings

London to Barking, Upminster, Basildon, Grays, Tilbury, Southend Central and Shoeburyness

Saturdays

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC
London Fenchurch Street (FST) 7 d		0500			0523	0530		0537	0553	0600		0607	0623	0630		0637	0653	0700
Limehouse (LHS) DLR d		0504			0527	0534		0541	0557	0604		0611	0627	0634		0641	0657	0704
West Ham (WEH) DLR d		0509			0533	0539		0547	0603	0609		0617	0633	0639		0647	0703	0709
London Liverpool Street (LST) 15 d																		
Stratford (SRA) DLR 7 d																		
Barking (BKG) 7 d	0508	0514		0523	0538	0544		0553	0608	0614		0623	0638	0644		0653	0708	0714
Upminster (UPM) 7 d	0517	0523			0547	0553			0617	0623			0647	0653			0717	0723
Ockendon (OCK) d	0522				0552				0622				0652					0722
Chafford Hundred Lakeside (CFH) d	0526				0556				0626				0656					0726
Dagenham Dock (DDK) d				0527				0557				0627					0657	
Rainham (RNM) d				0531				0601				0631					0701	
Purfleet (PFL) d				0536				0606				0636					0706	
Grays (GRY) a	0530			0542	0600			0612	0630			0642	0700				0712	0730
Grays (GRY) d	0530		←		0600		←		0630		←		0700		←			0730
Tilbury Town (TIL) 8 d	0533		0533		0603		0603		0633		0633		0703		0703			0733
East Tilbury (ETL) d	←		0539		←		0609		←		0639		←		0709		←	
Stanford-le-Hope (SFO) d			0543				0613				0643				0713			
West Horndon (WHR) d		0528				0558				0628				0658				0728
Laindon (LAI) d		0532				0602				0632				0702				0732
Basildon (BSO) d		0536				0606				0636				0706				0736
Pitsea (PSE) d		0539	0552			0609	0622			0639	0652			0709	0722			0739
Benfleet (BEF) d		0543	0556			0613	0626			0643	0656			0713	0726			0743
Leigh-on-Sea (LES) d		0547	0600			0617	0630			0647	0700			0717	0730			0747
Chalkwell (CHW) d		0550	0603			0620	0633			0650	0703			0720	0733			0750
Westcliff (WCF) d		0552	0605			0622	0635			0652	0705			0722	0735			0752
Southend Central (SOC) a		0554	0607			0624	0637			0654	0707			0724	0737			0754
Southend Central (SOC) d		0555	0608			0625	0638			0655	0708			0725	0738			0755
Southend East (SOE) d		0557	0610			0627	0640			0657	0710			0727	0740			0757
Thorpe Bay (TPB) d		0559	0612			0629	0642			0659	0712			0729	0742			0759
Shoeburyness (SRY) a		0603	0617			0633	0647			0703	0717			0733	0747			0803

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC
London Fenchurch Street (FST) 7 d		0707	0723	0730		0737	0753	0800		0807	0823	0830		0837		0853	0900	
Limehouse (LHS) DLR d		0711	0727	0734		0741	0757	0804		0811	0827	0834		0841		0857	0904	
West Ham (WEH) DLR d		0717	0733	0739		0747	0803	0809		0817	0833	0839		0847		0903	0909	
London Liverpool Street (LST) 15 d															0845			
Stratford (SRA) DLR 7 d															0852			
Barking (BKG) 7 d		0723	0738	0744		0753	0808	0814		0823	0838	0844		0853	0903	0908	0914	
Upminster (UPM) 7 d			0747	0753			0817	0823			0847	0853			0913	0917	0923	
Ockendon (OCK) d			0752				0822				0852					0922		
Chafford Hundred Lakeside (CFH) d			0756				0826				0856				0926			
Dagenham Dock (DDK) d		0727				0757				0827				0857				
Rainham (RNM) d		0731				0801				0831				0901				
Purfleet (PFL) d		0736				0806				0836				0906				
Grays (GRY) a		0742	0800			0812	0830			0842	0900			0912		0930		
Grays (GRY) d	←		0800		←		0830		←		0900		←			0930		←
Tilbury Town (TIL) 8 d	0733		0803		0803		0833		0833		0903		0903			0933		0933
East Tilbury (ETL) d	0739		←		0809		←		0839		←		0909		←			0939
Stanford-le-Hope (SFO) d	0743				0813				0843				0913					0943
West Horndon (WHR) d				0758				0828					0858					0928
Laindon (LAI) d				0802				0832					0902			0921		0932
Basildon (BSO) d				0806				0836					0906			0924		0936
Pitsea (PSE) d	0752		0809	0822			0839	0852			0909	0922					0939	0952
Benfleet (BEF) d	0756		0813	0826			0843	0856			0913	0926			0930		0943	0956
Leigh-on-Sea (LES) d	0800		0817	0830			0847	0900			0917	0930			0934		0947	1000
Chalkwell (CHW) d	0803		0820	0833			0850	0903			0920	0933			0937		0950	1003
Westcliff (WCF) d	0805		0822	0835			0852	0905			0922	0935			0939		0952	1005
Southend Central (SOC) a	0807		0824	0837			0854	0907			0924	0937			0941		0954	1007
Southend Central (SOC) d	0808		0825	0838			0855	0908			0925	0938			0942		0955	1008
Southend East (SOE) d	0810		0827	0840			0857	0910			0927	0940			0944		0957	1010
Thorpe Bay (TPB) d	0812		0829	0842			0859	0912			0929	0942			0946		0959	1012
Shoeburyness (SRY) a	0817		0833	0847			0903	0917			0933	0947			0950		1003	1017

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time

London to Barking, Upminster, Basildon, Grays, Tilbury, Southend Central and Shoeburyness

Saturdays

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC		
London Fenchurch Street (FST)	7 d	0907		0923	0930		0937		0953	1000		1007		1023	1030		1037	1053	
Limehouse (LHS)	DLR d	0911		0927	0934		0941		0957	1004		1011		1027	1034		1041	1057	
West Ham (WEH)	DLR d	0917		0933	0939		0947		1003	1009		1017		1033	1039		1047	1103	
London Liverpool Street (LST)	15 d		0915					0945					1015					1045	
Stratford (SRA)	DLR 7 d		0923					0952					1023					1052	
Barking (BKG)	7 d	0923	0933	0938	0944		0953	1003	1008	1014		1023	1033	1038	1044		1053	1103	1108
Upminster (UPM)	7 d		0943	0947	0953			1013	1017	1023			1043	1047	1053			1113	1117
Ockendon (OCK)	d			0952					1022					1052					1122
Chafford Hundred Lakeside (CFH)	d			0956					1026					1056					1126
Dagenham Dock (DDK)	d	0927					0959					1027						1057	
Rainham (RNM)	d	0931					1002					1031						1101	
Purfleet (PFL)	d	0936					1007					1036						1106	
Grays (GRY)	a	0942		1000			1014		1030			1042		1100			1112	1130	
Grays (GRY)	d			1000					1030					1100				1130	
Tilbury Town (TIL)	8 d			1003					1033			1033		1103			1103	1133	
East Tilbury (ETL)	d						1009					1039					1109		
Stanford-le-Hope (SFO)	d						1013					1043					1113		
West Horndon (WHR)	d				0958					1028					1058				
Laindon (LAI)	d		0951		1002			1021		1032			1051		1102			1121	
Basildon (BSO)	d		0954		1006			1024		1036			1054		1106			1124	
Pitsea (PSE)	d				1009	1022				1039	1052				1109	1122			
Benfleet (BEF)	d		1000		1013	1026		1030		1043	1056		1100		1113	1126		1130	
Leigh-on-Sea (LES)	d		1004		1017	1030		1034		1047	1100		1104		1117	1130		1134	
Chalkwell (CHW)	d		1007		1020	1033		1037		1050	1103		1107		1120	1133		1137	
Westcliff (WCF)	d		1009		1022	1035		1039		1052	1105		1109		1122	1135		1139	
Southend Central (SOC)	a		1011		1024	1037		1041		1054	1107		1111		1124	1137		1141	
Southend Central (SOC)	d		1012		1025	1038		1042		1055	1108		1112		1125	1138		1142	
Southend East (SOE)	d		1014		1027	1040		1044		1057	1110		1114		1127	1140		1144	
Thorpe Bay (TPB)	d		1016		1029	1042		1046		1059	1112		1116		1129	1142		1146	
Shoeburyness (SRY)	a		1020		1033	1047		1050		1103	1117		1120		1133	1147		1150	

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	
London Fenchurch Street (FST)	7 d	1100		1107		1123	1130		1137		1153	1200		1207		1223	1230	1237
Limehouse (LHS)	DLR d	1104		1111		1127	1134		1141		1157	1204		1211		1227	1234	1241
West Ham (WEH)	DLR d	1109		1117		1133	1139		1147		1203	1209		1217		1233	1239	1247
London Liverpool Street (LST)	15 d				1115					1145					1215			
Stratford (SRA)	DLR 7 d				1123					1152					1223			
Barking (BKG)	7 d	1114		1123	1133	1138	1144		1153	1204	1208	1214		1223	1233	1238	1244	1253
Upminster (UPM)	7 d	1123			1143	1147	1153			1214	1217	1223			1243	1247	1253	
Ockendon (OCK)	d					1152					1222					1252		
Chafford Hundred Lakeside (CFH)	d					1156					1226					1256		
Dagenham Dock (DDK)	d			1127					1157					1227				1257
Rainham (RNM)	d			1131					1201					1231				1301
Purfleet (PFL)	d			1136					1206					1236				1306
Grays (GRY)	a			1142		1200			1212		1230			1242		1300		1312
Grays (GRY)	d					1200					1230					1300		
Tilbury Town (TIL)	8 d			1133		1203		1203		1233		1233		1303		1303		1303
East Tilbury (ETL)	d			1139				1209				1239				1309		1309
Stanford-le-Hope (SFO)	d			1143				1213				1243				1313		1313
West Horndon (WHR)	d	1128					1158					1228						1258
Laindon (LAI)	d	1132			1151		1202			1222	1232			1251				1302
Basildon (BSO)	d	1136			1154		1206			1225	1236			1254				1306
Pitsea (PSE)	d	1139	1152				1209	1222			1239	1252						1309
Benfleet (BEF)	d	1143	1156		1200		1213	1226		1231	1243	1256		1300				1313
Leigh-on-Sea (LES)	d	1147	1200		1204		1217	1230		1235	1247	1300		1304				1317
Chalkwell (CHW)	d	1150	1203		1207		1220	1233		1238	1250	1303		1307				1320
Westcliff (WCF)	d	1152	1205		1209		1222	1235		1240	1252	1305		1309				1322
Southend Central (SOC)	a	1154	1207		1211		1224	1237		1242	1254	1307		1311				1324
Southend Central (SOC)	d	1155	1208		1212		1225	1238		1243	1255	1308		1312				1325
Southend East (SOE)	d	1157	1210		1214		1227	1240		1245	1257	1310		1314				1327
Thorpe Bay (TPB)	d	1159	1212		1216		1229	1242		1247	1259	1312		1316				1329
Shoeburyness (SRY)	a	1203	1217		1220		1233	1247		1251	1303	1317		1320				1333

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
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London to Barking, Upminster, Basildon, Grays, Tilbury, Southend Central and Shoeburyness

Saturdays

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	
London Fenchurch Street (FST) 7 d		1253	1300		1307		1323	1330		1337		1353	1400		1407		1423	1430
Limehouse (LHS) DLR d		1257	1304		1311		1327	1334		1341		1357	1404		1411		1427	1434
West Ham (WEH) DLR d		1303	1309		1317		1333	1339		1347		1403	1409		1417		1433	1439
London Liverpool Street (LST) 15 d	1245					1315					1345					1415		
Stratford (SRA) DLR 7 d	1252					1323					1352				1422			
Barking (BKG) DLR d	1303	1308	1314		1323	1333	1338	1344		1353	1403	1414	1414		1423	1433	1438	1444
Upminster (UPM) DLR d	1313	1317	1323			1343	1347	1353			1413	1417	1423			1443	1447	1453
Ockendon (OCK) d		1322					1352					1422						1452
Chafford Hundred Lakeside (CFH) d		1326					1356					1426						1456
Dagenham Dock (DDK) d					1329					1357						1427		
Rainham (RNM) d					1332					1401						1431		
Purfleet (PFL) d					1337					1406						1436		
Grays (GRY) a		1330			1344		1400			1412		1430			1442		1500	
Grays (GRY) d		1330		↔			1400		↔			1430		↔			1500	
Tilbury Town (TIL) 8 d		1333		↔			1403		↔			1433		↔			1503	
East Tilbury (ETL) d		↔		↔			↔		↔			↔		↔			↔	
Stanford-le-Hope (SFO) d				↔						1413				1443				
West Horndon (WHR) d			1328					1358					1428					1458
Laindon (LAI) d	1321		1332			1351		1402			1421		1432			1451		1502
Basildon (BSO) d	1324		1336			1354		1406			1424		1436			1454		1506
Pitsea (PSE) d			1339	1352				1409	1422				1439	1452				1509
Benfleet (BEF) d	1330		1343	1356		1400	1413	1426		1430		1443	1456		1500		1513	
Leigh-on-Sea (LES) d	1334		1347	1400		1404	1417	1430		1434		1447	1500		1504		1517	
Chalkwell (CHW) d	1337		1350	1403		1407	1420	1433		1437		1450	1503		1507		1520	
Westcliff (WCF) d	1339		1352	1405		1409	1422	1435		1439		1452	1505		1509		1522	
Southend Central (SOC) a	1341		1354	1407		1411	1424	1437		1441		1454	1507		1511		1524	
Southend Central (SOC) d	1342		1355	1408		1412	1425	1438		1442		1455	1508		1512		1525	
Southend East (SOE) d	1344		1357	1410		1414	1427	1440		1444		1457	1510		1514		1527	
Thorpe Bay (TPB) d	1346		1359	1412		1416	1429	1442		1446		1459	1512		1516		1529	
Shoeburyness (SRY) a	1350		1403	1417		1420	1433	1447		1450		1503	1517		1520		1533	

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	
London Fenchurch Street (FST) 7 d		1437		1453	1500		1507		1523	1530		1537		1553	1600		1607	
Limehouse (LHS) DLR d		1441		1457	1504		1511		1527	1534		1541		1557	1604		1611	
West Ham (WEH) DLR d		1447		1503	1509		1517		1533	1539		1547		1603	1609		1617	
London Liverpool Street (LST) 15 d			1445				1515						1545				1615	
Stratford (SRA) DLR 7 d			1452				1523						1552				1623	
Barking (BKG) DLR d		1453	1503	1508	1514		1523	1533	1538	1544		1553	1603	1608	1614		1623	1633
Upminster (UPM) DLR d			1513	1517	1523			1543	1547	1553			1613	1617	1623			1643
Ockendon (OCK) d				1522					1552					1622				
Chafford Hundred Lakeside (CFH) d				1526					1556					1626				
Dagenham Dock (DDK) d		1457					1527					1557					1627	
Rainham (RNM) d		1501					1531					1601					1631	
Purfleet (PFL) d		1506					1536					1606					1636	
Grays (GRY) a		1512		1530			1542		1600			1612		1630			1642	
Grays (GRY) d	↔			1530		↔			1600		↔			1630		↔		
Tilbury Town (TIL) 8 d	1503			1533		1533			1603		1603			1633		1633		
East Tilbury (ETL) d	1509		↔			1539		↔			1609		↔			1639		
Stanford-le-Hope (SFO) d	1513					1543					1613					1643		
West Horndon (WHR) d					1528					1558						1628		
Laindon (LAI) d			1521		1532			1551		1602			1621		1632		1651	
Basildon (BSO) d			1524		1536			1554		1606			1624		1636		1654	
Pitsea (PSE) d	1522				1539	1552				1609	1622				1639	1652		
Benfleet (BEF) d	1526		1530		1543	1556		1600		1613	1626		1630		1643	1656		1700
Leigh-on-Sea (LES) d	1530		1534		1547	1600		1604		1617	1630		1634		1647	1700		1704
Chalkwell (CHW) d	1533		1537		1550	1603		1607		1620	1633		1637		1650	1703		1707
Westcliff (WCF) d	1535		1539		1552	1605		1609		1622	1635		1639		1652	1705		1709
Southend Central (SOC) a	1537		1541		1554	1607		1611		1624	1637		1641		1654	1707		1711
Southend Central (SOC) d	1538		1542		1555	1608		1612		1625	1638		1642		1655	1708		1712
Southend East (SOE) d	1540		1544		1557	1610		1614		1627	1640		1644		1657	1710		1714
Thorpe Bay (TPB) d	1542		1546		1559	1612		1616		1629	1642		1646		1659	1712		1716
Shoeburyness (SRY) a	1547		1550		1603	1617		1620		1633	1647		1650		1703	1717		1720

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
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London to Barking, Upminster, Basildon, Grays, Tilbury, Southend Central and Shoeburyness

Saturdays

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC
London Fenchurch Street (FST)	7 d	1623	1630	1637	1653	1700	1707	1711	1717	1723	1730	1737	1753	1800			
Limehouse (LHS)	DLR d	1627	1634	1641	1657	1704	1711	1717	1723	1730	1737	1753	1800				
West Ham (WEH)	DLR d	1633	1639	1647	1703	1709	1717	1723	1730	1737	1753	1800					
London Liverpool Street (LST)	15 d			1645					1715				1745				
Stratford (SRA)	DLR 7 d			1652					1723				1752				
Barking (BKG)	7 d	1638	1644	1653	1703	1714	1723	1733	1738	1744	1753	1803	1808	1814			
Upminster (UPM)	7 d	1647	1653		1713	1717	1723	1743	1747	1753		1813	1817	1823			
Ockendon (OCK)	d	1652			1722				1752				1822				
Chafford Hundred Lakeside (CFH)	d	1656			1726				1756				1826				
Dagenham Dock (DDK)	d			1657					1727			1757					
Rainham (RNM)	d			1701					1731			1801					
Purfleet (PFL)	d			1706					1736			1806					
Grays (GRY)	a	1700		1712		1730		1742		1800		1812		1830			
Grays (GRY)	d	1700				1730				1800				1830			
Tilbury Town (TIL)	8 d	1703		1703		1733		1733		1803		1803		1833		1833	
East Tilbury (ETL)	d			1709		1739		1739		1809		1809		1839		1839	
Stanford-le-Hope (SFO)	d			1713		1743		1743		1813		1813		1843		1843	
West Horndon (WHR)	d		1658			1728				1758				1828			
Laindon (LAI)	d		1702		1721	1732			1751	1802			1821	1832			
Basildon (BSO)	d		1706		1724	1736			1754	1806			1824	1836			
Pitsea (PSE)	d		1709	1722		1739	1752			1809	1822			1839	1852		
Benfleet (BEF)	d		1713	1726	1730	1743	1756		1800	1813	1826		1830	1843	1856		
Leigh-on-Sea (LES)	d		1717	1730	1734	1747	1800		1804	1817	1830		1834	1847	1900		
Chalkwell (CHW)	d		1720	1733	1737	1750	1803		1807	1820	1833		1837	1850	1903		
Westcliff (WCF)	d		1722	1735	1739	1752	1805		1809	1822	1835		1839	1852	1905		
Southend Central (SOC)	a		1724	1737	1741	1754	1807		1811	1824	1837		1841	1854	1907		
Southend Central (SOC)	d		1725	1738	1742	1755	1808		1812	1825	1838		1842	1855	1908		
Southend East (SOE)	d		1727	1740	1744	1757	1810		1814	1827	1840		1844	1857	1910		
Thorpe Bay (TPB)	d		1729	1742	1746	1759	1812		1816	1829	1842		1846	1859	1912		
Shoeburyness (SRY)	a		1733	1747	1750	1803	1817		1820	1833	1847		1850	1903	1917		

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC
London Fenchurch Street (FST)	7 d	1807		1823	1830	1837	1853	1900	1907	1915	1923	1930	1937	1953			
Limehouse (LHS)	DLR d	1811		1827	1834	1841	1857	1904	1911	1919	1927	1934	1941	1957			
West Ham (WEH)	DLR d	1817		1833	1839	1847	1903	1909	1917	1925	1933	1939	1947	2003			
London Liverpool Street (LST)	15 d		1815			1845				1915				1945			
Stratford (SRA)	DLR 7 d		1823			1852				1923				1952			
Barking (BKG)	7 d	1823	1833	1838	1844	1853	1903	1908	1914	1923	1933	1938	1944	1953	2003	2008	
Upminster (UPM)	7 d		1843	1847	1853		1913	1917	1923		1943	1947	1953		2013	2017	
Ockendon (OCK)	d			1852				1922				1952				2022	
Chafford Hundred Lakeside (CFH)	d			1856				1926				1956				2026	
Dagenham Dock (DDK)	d	1827				1857				1927				1957			
Rainham (RNM)	d	1831				1901				1931				2001			
Purfleet (PFL)	d	1836				1906				1936				2006			
Grays (GRY)	a	1842		1900		1912		1930		1942		2000		2012		2030	
Grays (GRY)	d			1900				1930				2000				2030	
Tilbury Town (TIL)	8 d			1903		1903		1933		1933		2003		2003		2033	
East Tilbury (ETL)	d			1909				1939				2009		2009		2039	
Stanford-le-Hope (SFO)	d			1913				1943				2013		2013		2043	
West Horndon (WHR)	d			1858				1928				1958					
Laindon (LAI)	d		1851	1902			1921	1932			1951	2002			2021		
Basildon (BSO)	d		1854	1906			1924	1936			1954	2006			2024		
Pitsea (PSE)	d			1909	1922			1939	1952			2009	2022				
Benfleet (BEF)	d		1900	1913	1926		1930	1943	1956		2000	2013	2026		2030		
Leigh-on-Sea (LES)	d		1904	1917	1930		1934	1947	2000		2004	2017	2030		2034		
Chalkwell (CHW)	d		1907	1920	1933		1937	1950	2003		2007	2020	2033		2037		
Westcliff (WCF)	d		1909	1922	1935		1939	1952	2005		2009	2022	2035		2039		
Southend Central (SOC)	a		1911	1924	1937		1941	1954	2007		2011	2024	2037		2041		
Southend Central (SOC)	d		1912	1925	1938		1942	1955	2008		2012	2025	2038		2042		
Southend East (SOE)	d		1914	1927	1940		1944	1957	2010		2014	2027	2040		2044		
Thorpe Bay (TPB)	d		1916	1929	1942		1946	1959	2012		2016	2029	2042		2046		
Shoeburyness (SRY)	a		1920	1933	1947		1950	2003	2017		2020	2033	2047		2050		

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time

London to Barking, Upminster, Basildon, Grays, Tilbury, Southend Central and Shoeburyness

Saturdays

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	
London Fenchurch Street (FST)	7 d	2000		2007		2023	2030		2037		2053	2100		2107		2123	2130	2137
Limehouse (LHS)	d	2004		2011		2027	2034		2041		2057	2104		2111		2127	2134	2141
West Ham (WEH)	d	2009		2017		2033	2039		2047		2103	2109		2117		2133	2139	2147
London Liverpool Street (LST)	15 d				2015					2045					2115			
Stratford (SRA)	7 d				2023					2052					2123			
Barking (BKG)	d	2014		2023	2034	2038	2044		2053	2103	2108	2114		2123	2134	2138	2144	2153
Upminster (UPM)	d	2023			2043	2047	2053			2113	2117	2123			2143	2147	2153	
Ockendon (OCK)	d					2052										2152		
Chafford Hundred Lakeside (CFH)	d					2056										2156		
Dagenham Dock (DDK)	d			2027					2057						2129			2157
Rainham (RNM)	d			2031					2101						2132			2201
Purfleet (PFL)	d			2036					2106						2137			2206
Grays (GRY)	a			2042		2100			2112		2130			2144		2200		2212
Grays (GRY)	d					2100					2130					2200		
Tilbury Town (TIL)	8 d		2033			2103		2103			2133		2133			2203		2203
East Tilbury (ETL)	d		2039					2109					2139					2209
Stanford-le-Hope (SFO)	d		2043					2113					2143					2213
West Horndon (WHR)	d	2028					2058						2128					2158
Laindon (LAI)	d	2032			2051		2102			2121			2132			2151		2202
Basildon (BSO)	d	2036			2054		2106			2124			2136			2155		2206
Pitsea (PSE)	d	2039	2052				2109	2122					2139	2152				2209
Benfleet (BEF)	d	2043	2056		2100		2113	2126		2130			2143	2156		2200		2213
Leigh-on-Sea (LES)	d	2047	2100		2104		2117	2130		2134			2147	2200		2205		2217
Chalkwell (CHW)	d	2050	2103		2107		2120	2133		2137			2150	2203		2207		2220
Westcliff (WCF)	d	2052	2105		2109		2122	2135		2139			2152	2205		2209		2222
Southend Central (SOC)	a	2054	2107		2111		2124	2137		2141			2154	2207		2212		2224
Southend Central (SOC)	d	2055	2108		2112		2125	2138		2142			2155	2208		2212		2225
Southend East (SOE)	d	2057	2110		2114		2127	2140		2144			2157	2210		2214		2227
Thorpe Bay (TPB)	d	2059	2112		2116		2129	2142		2146			2159	2212		2217		2229
Shoeburyness (SRY)	a	2103	2117		2120		2133	2147		2150			2203	2217		2221		2233














Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	
London Fenchurch Street (FST)	7 d		2153	2200		2207		2223	2230		2237		2253	2300		2307		2323
Limehouse (LHS)	d		2157	2204		2211		2227	2234		2241		2257	2304		2311		2327
West Ham (WEH)	d		2203	2209		2217		2233	2239		2247		2303	2309		2317		2333
London Liverpool Street (LST)	15 d	2145				2211						2241						2311
Stratford (SRA)	7 d	2152				2218						2248						2318
Barking (BKG)	d	2203	2208	2214		2223	2232	2238	2244		2253	2302c	2308	2314		2323	2332	2338
Upminster (UPM)	d	2213	2217	2223		2242	2247	2253				2312	2317	2323		2341		2347
Ockendon (OCK)	d						2252						2322					2352
Chafford Hundred Lakeside (CFH)	d						2256						2326					2356
Dagenham Dock (DDK)	d					2227						2257						2327
Rainham (RNM)	d					2231						2301						2331
Purfleet (PFL)	d					2236						2306						2336
Grays (GRY)	a		2230			2242		2300				2312		2330		2341		0001
Grays (GRY)	d		2230					2300						2330			2342	
Tilbury Town (TIL)	8 d		2233		2233			2303		2303			2333		2333	2345		2345
East Tilbury (ETL)	d				2239					2309					2339			2351
Stanford-le-Hope (SFO)	d				2243					2313					2343			2354
West Horndon (WHR)	d			2228						2258					2328			2346
Laindon (LAI)	d	2221		2232			2250			2302			2320		2332			2351
Basildon (BSO)	d	2224		2236			2254			2306			2324		2336			2354
Pitsea (PSE)	d			2239	2252				2309	2321			2339	2351				2358
Benfleet (BEF)	d	2230		2243	2256		2300		2313	2325			2330	2343	2355		0001	0007
Leigh-on-Sea (LES)	d	2234		2247	2300		2304		2317	2329			2334	2347	2359		0006	0011
Chalkwell (CHW)	d	2237		2250	2303		2307		2320	2332			2337	2350	0002		0008	0014
Westcliff (WCF)	d	2239		2252	2305		2309		2322	2334			2339	2352	0004		0010	0016
Southend Central (SOC)	a	2241		2254	2307		2311		2324	2336			2341	2354	0006		0013	0018
Southend Central (SOC)	d	2242		2255	2308		2312		2325	2337			2342	2355	0006		0013	0019
Southend East (SOE)	d	2244		2257	2310		2314		2327	2339			2344	2357	0008		0015	0021
Thorpe Bay (TPB)	d	2246		2259	2312		2316		2329	2341			2346	2359	0011		0018	0023
Shoeburyness (SRY)	a	2250		2303	2316		2320		2333	2345			2350	0003	0015		0022	0027

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- c Arrives 3 minutes earlier

London to Barking, Upminster, Basildon, Grays, Tilbury, Southend Central and Shoeburyness

Saturdays

Operator Days of operation/Notes	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC
London Fenchurch Street (FST)  d	2330		2344				2359	0005			0015	0041
Limehouse (LHS)  d	2334		2348				0003	0009			0019	0045
West Ham (WEH)  d	2339		2353				0009	0014			0025	0050
London Liverpool Street (LST)  d					2348							
Stratford (SRA)  d					2355							
Barking (BKG)  d	2344		2358	0007			0015	0020			0030	0056
Upminster (UPM)  d	2353		0007	0016				0028			0039	0104
Ockendon (OCK) d			0012								0044	
Chafford Hundred Lakeside (CFH) d			0016								0048	
Dagenham Dock (DDK) d							0019					
Rainham (RNM) d							0023					
Purfleet (PFL) d							0028					
Grays (GRY) a			0020				0033				0052	
Grays (GRY) d			0020				0034				0052	
Tilbury Town (TIL)  d		0005	0023		0023	0037			0037		0055	
East Tilbury (ETL) d		0011			0029				0043		0101	
Stanford-le-Hope (SFO) d		0014			0033				0046		0105	
West Horndon (WHR) d	2358			0021			0033					0109
Laindon (LAI) d	0001			0026			0038					0114
Basildon (BSO) d	0006			0029			0041					0117
Pitsea (PSE) d	0009	0022		0033	0041		0045	0055	0113			0121
Benfleet (BEF) d	0013	0026		0036	0045		0048	0059	0117			0124
Leigh-on-Sea (LES) d	0017	0031		0041	0049		0053	0103	0121			0129
Chalkwell (CHW) d	0020	0033		0043	0052		0055	0106	0124			0131
Westcliff (WCF) d	0022	0035		0045	0054		0057	0108	0126			0133
Southend Central (SOC) a	0024	0038		0048	0056		0100	0110	0128			0136
Southend Central (SOC) d	0025	0038		0048	0056		0100	0111	0128			0136
Southend East (SOE) d	0027	0040		0050	0058		0102	0113	0130			0138
Thorpe Bay (TPB) d	0029	0042		0052	0101		0105	0115	0133			0141
Shoeburyness (SRY) a	0033	0046		0056	0105		0109	0119	0137			0145

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

SUM Sunday mornings

London to Barking, Upminster, Basildon, Grays, Tilbury, Southend Central and Shoeburyness

Sundays

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	
London Fenchurch Street (FST)	7 d	0638		0718	0723	0735	0748	0753	0805	0818	0823	0835	0848	0853	0905	0918	0923	0935	
Limehouse (LHS)	DLR d	0642		0722	0727	0739	0752	0757	0809	0822	0827	0839	0852	0857	0909	0922	0927	0939	
West Ham (WEH)	DLR d	0647		0727	0732	0744	0757	0802	0814	0827	0832	0844	0857	0902	0914	0927	0932	0944	
London Liverpool Street (LST)	15 d																		0945
Stratford (SRA)	DLR 7 d																		0952
Barking (BKG)	7 d	0653	0658	0733	0738	0750	0803	0808	0820	0833	0838	0850	0903	0908	0920	0933	0938	0950	1003
Upminster (UPM)	7 d	0702	0707	0742	0746		0812	0816		0842	0846		0912	0916		0942	0946		1012
Ockendon (OCK)	d		0712		0752			0822			0852			0922			0952		
Chafford Hundred Lakeside (CFH)	d		0716		0756			0826			0856			0926			0956		
Dagenham Dock (DDK)	d				0755				0825			0855			0925			0955	
Rainham (RNM)	d				0758				0828			0858			0928			0958	
Purfleet (PFL)	d				0803				0833			0903			0933			1003	
Grays (GRY)	a		0720		0800	0810		0830	0840		0900	0910		0930	0940		1000	1010	
Grays (GRY)	d		0721		0800			0830			0900			0930			1000		
Tilbury Town (TIL)	8 d		0724		0803			0833			0903			0933			1003		
East Tilbury (ETL)	d		0730		0809			0839			0909			0939			1009		
Stanford-le-Hope (SFO)	d		0733		0813			0843			0913			0943			1013		
West Horndon (WHR)	d	0707		0747			0817			0847			0917			0947			1017
Laindon (LAI)	d	0712		0752			0822			0852			0922			0952			1022
Basildon (BSO)	d	0715		0755			0825			0855			0925			0955			1026
Pitsea (PSE)	d	0719	0741	0759	0821		0829	0851		0859	0921		0929	0951		0959	1021		1029
Benfleet (BEF)	d	0722	0745	0802	0825		0832	0855		0902	0925		0932	0955		1002	1025		1033
Leigh-on-Sea (LES)	d	0727	0750	0807	0830		0837	0900		0907	0930		0937	1000		1007	1030		1037
Chalkwell (CHW)	d	0729	0752	0809	0832		0839	0902		0909	0932		0939	1002		1009	1032		1040
Westcliff (WCF)	d	0731	0754	0811	0834		0841	0904		0911	0934		0941	1004		1011	1034		1042
Southend Central (SOC)	a	0734	0757	0814	0837		0844	0907		0914	0937		0944	1007		1014	1037		1044
Southend Central (SOC)	d	0734	0757	0814	0837		0844	0907		0914	0937		0944	1007		1014	1037		1045
Southend East (SOE)	d	0736	0759	0816	0839		0846	0909		0916	0939		0946	1009		1016	1039		1047
Thorpe Bay (TPB)	d	0739	0802	0819	0842		0849	0912		0919	0942		0949	1012		1019	1042		1049
Shoeburyness (SRY)	a	0743	0806	0823	0847		0853	0916		0923	0946		0953	1016		1023	1046		1053

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	
London Fenchurch Street (FST)	7 d	0953	1005		1023	1035		1053	1105		1123	1135		1153	1205		1223	1235	
Limehouse (LHS)	DLR d	0957	1009		1027	1039		1057	1109		1127	1139		1157	1209		1227	1239	
West Ham (WEH)	DLR d	1002	1014		1032	1044		1102	1114		1132	1144		1202	1214		1232	1244	
London Liverpool Street (LST)	15 d			1015			1045			1115			1145			1215			1245
Stratford (SRA)	DLR 7 d			1022			1052			1122			1152			1222			1252
Barking (BKG)	7 d	1008	1020	1033	1038	1050	1103	1108	1120	1133	1138	1150	1203	1208	1220	1233	1238	1250	1303
Upminster (UPM)	7 d	1016		1042	1046		1112	1116		1142	1146		1212	1216		1242	1246		1312
Ockendon (OCK)	d	1022			1052			1122			1152			1222			1252		
Chafford Hundred Lakeside (CFH)	d	1026			1056			1126			1156			1226			1256		
Dagenham Dock (DDK)	d		1025			1055			1125			1155			1225			1255	
Rainham (RNM)	d		1028			1058			1128			1158			1228			1258	
Purfleet (PFL)	d		1033			1103			1133			1203			1233			1303	
Grays (GRY)	a	1030	1040		1100	1110		1130	1140		1200	1210		1230	1240		1300	1310	
Grays (GRY)	d	1030			1100			1130			1200			1230			1300		
Tilbury Town (TIL)	8 d	1033			1103			1133			1203			1233			1303		
East Tilbury (ETL)	d	1039			1109			1139			1209			1239			1309		
Stanford-le-Hope (SFO)	d	1043			1113			1143			1213			1243			1313		
West Horndon (WHR)	d			1047			1117			1147			1217			1247			1317
Laindon (LAI)	d			1052			1122			1152			1222			1252			1322
Basildon (BSO)	d			1056			1126			1156			1226			1256			1326
Pitsea (PSE)	d	1051		1059	1121		1129	1151		1159	1221		1229	1251		1259	1321		1329
Benfleet (BEF)	d	1055		1103	1125		1133	1155		1203	1225		1233	1255		1303	1325		1333
Leigh-on-Sea (LES)	d	1100		1107	1130		1137	1200		1207	1230		1237	1300		1307	1330		1337
Chalkwell (CHW)	d	1102		1110	1132		1140	1202		1210	1232		1240	1302		1310	1332		1340
Westcliff (WCF)	d	1104		1112	1134		1142	1204		1212	1234		1242	1304		1312	1334		1342
Southend Central (SOC)	a	1107		1114	1137		1144	1207		1214	1237		1244	1307		1314	1337		1344
Southend Central (SOC)	d	1107		1115	1137		1145	1207		1215	1237		1245	1307		1315	1337		1345
Southend East (SOE)	d	1109		1117	1139		1147	1209		1217	1239		1247	1309		1317	1339		1347
Thorpe Bay (TPB)	d	1112		1119	1142		1149	1212		1219	1242		1249	1312		1319	1342		1349
Shoeburyness (SRY)	a	1116		1123	1146		1153	1216		1223	1246		1253	1316		1323	1346		1353

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time

London to Barking, Upminster, Basildon, Grays, Tilbury, Southend Central and Shoeburyness

Sundays

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	
London Fenchurch Street (FST)	7 d	1853	1905	1923	1935	1953	2005	2023	2035	2053	2105	2123	2138						
Limehouse (LHS)	DLR d	1857	1909	1927	1939	1957	2009	2027	2039	2057	2109	2127	2142						
West Ham (WEH)	DLR d	1902	1914	1932	1944	2002	2014	2032	2044	2102	2114	2132	2147						
London Liverpool Street (LST)	15 d		1915		1945		2015		2045		2115		2145						
Stratford (SRA)	DLR 7 d		1922		1952		2022		2052		2122		2152						
Barking (BKG)	DLR d	1908	1920	1933	1938	1950	2003	2008	2020	2033	2038	2050	2103	2108	2120	2133	2138	2153	2203
Upminster (UPM)	DLR d	1916		1942	1946	2012	2016	2042	2046	2112	2116	2142	2146						
Ockendon (OCK)	d	1922		1952		2022		2052		2122		2152							
Chafford Hundred Lakeside (CFH)	d	1926		1956		2026		2056		2126		2156							
Dagenham Dock (DDK)	d		1925		1955		2025		2055		2125		2155						2158
Rainham (RNM)	d		1928		1958		2028		2058		2128		2158						2201
Purfleet (PFL)	d		1933		2003		2033		2103		2133		2203						2206
Grays (GRY)	a	1930	1940	2000	2010	2030	2040	2100	2110	2130	2140	2200	2213						
Grays (GRY)	d	1930		2000		2030		2100		2130		2200							
Tilbury Town (TIL)	8 d	1933		2003		2033		2103		2133		2203							
East Tilbury (ETL)	d	1939		2009		2039		2109		2139		2209							
Stanford-le-Hope (SFO)	d	1943		2013		2043		2113		2143		2213							
West Horndon (WHR)	d		1947		2017		2047		2117		2147		2217						
Laindon (LAI)	d		1952		2022		2052		2122		2152		2222						
Basildon (BSO)	d		1956		2026		2056		2126		2156		2226						
Pitsea (PSE)	d	1951	1959	2021	2029	2051	2059	2121	2129	2151	2159	2221	2229						
Benfleet (BEF)	d	1955	2003	2025	2033	2055	2103	2125	2133	2155	2203	2225	2233						
Leigh-on-Sea (LES)	d	2000	2007	2030	2037	2100	2107	2130	2137	2200	2207	2230	2237						
Chalkwell (CHW)	d	2002	2010	2032	2040	2102	2110	2132	2140	2202	2210	2232	2240						
Westcliff (WCF)	d	2004	2012	2034	2042	2104	2112	2134	2142	2204	2212	2234	2242						
Southend Central (SOC)	a	2007	2014	2037	2044	2107	2114	2137	2144	2207	2214	2237	2244						
Southend Central (SOC)	d	2007	2015	2037	2045	2107	2115	2137	2145	2207	2215	2237	2245						
Southend East (SOE)	d	2009	2017	2039	2047	2109	2117	2139	2147	2209	2217	2239	2247						
Thorpe Bay (TPB)	d	2012	2019	2042	2049	2112	2119	2142	2149	2212	2219	2242	2249						
Shoeburyness (SRY)	a	2016	2023	2046	2053	2116	2123	2146	2153	2216	2223	2246	2253						

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	MM
London Fenchurch Street (FST)	7 d	2153		2223		2311		2341	0011		
Limehouse (LHS)	DLR d	2157		2227		2315		2345	0015		
West Ham (WEH)	DLR d	2202		2232		2320		2350	0020		
London Liverpool Street (LST)	15 d		2215		2245		2315				
Stratford (SRA)	DLR 7 d		2222		2252		2322				
Barking (BKG)	DLR d	2208	2233	2238	2303	2326	2333	2356	0026		
Upminster (UPM)	DLR d	2216	2242	2246	2312	2334	2342	0005	0034		
Ockendon (OCK)	d	2222		2252		2340					
Chafford Hundred Lakeside (CFH)	d	2226		2256		2344					
Dagenham Dock (DDK)	d										
Rainham (RNM)	d										
Purfleet (PFL)	d										
Grays (GRY)	a	2230		2300		2348					
Grays (GRY)	d	2230		2300		2348		←			
Tilbury Town (TIL)	8 d	2233		2303		2351		2351			
East Tilbury (ETL)	d	2239		2309		←		2357			
Stanford-le-Hope (SFO)	d	2243		2313				0001			
West Horndon (WHR)	d		2247		2317		2347		0010	0039	
Laindon (LAI)	d		2252		2322		2352		0015	0044	
Basildon (BSO)	d		2256		2326		2356		0018	0047	
Pitsea (PSE)	d	2251	2259	2321	2329		2359	0009	0022	0051	
Benfleet (BEF)	d	2255	2303	2325	2333		0003	0013	0025	0054	
Leigh-on-Sea (LES)	d	2300	2307	2330	2337		0007	0017	0030	0059	
Chalkwell (CHW)	d	2302	2310	2332	2340		0010	0020	0032	0101	
Westcliff (WCF)	d	2304	2312	2334	2342		0012	0022	0034	0103	
Southend Central (SOC)	a	2307	2314	2337	2344		0014	0024	0037	0106	
Southend Central (SOC)	d	2307	2315	2337	2345		0015	0025	0037	0106	
Southend East (SOE)	d	2309	2317	2339	2347		0017	0027	0039	0108	
Thorpe Bay (TPB)	d	2312	2319	2342	2349		0019	0029	0042	0111	
Shoeburyness (SRY)	a	2316	2323	2346	2353		0023	0033	0046	0115	

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- MM Monday mornings

Shoeburyness, Southend Central, Tilbury, Grays and Basildon to Upminster, Barking and London

Mondays to Fridays

	Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC
Shoeburyness (SRY)	d		0415					0459	0513				0520	0528	0534			0544
Thorpe Bay (TPB)	d	0406	0419		0435		0503	0508	0517				0524	0532	0538	0542		0548
Southend East (SOE)	d	0408	0421		0437		0505	0510	0519				0526	0534	0540	0544		0550
Southend Central (SOC)	a	0411	0424		0440		0508	0513	0522				0529	0537	0543	0547		0553
Southend Central (SOC)	d	0411	0424		0440		0508	0513	0522				0529	0537	0543	0547		0553
Westcliff (WCF)	d	0414	0426		0442		0510	0515	0524				0531	0539	0545	0549		0555
Chalkwell (CHW)	d	0416	0429		0444		0513	0517	0527				0534	0542	0548	0552		0557
Leigh-on-Sea (LES)	d	0419	0432		0447		0515	0520	0530				0536	0544	0550	0554		0600
Benfleet (BEF)	d	0423	0437		0451		0520	0524	0535				0541	0549	0555	0559		0605
Pitsea (PSE)	d	0428	0440		0456		0523	0529	0538				0546	0552	0602f			0608
Basildon (BSO)	d		0444				0527		0542					0556				0612
Laindon (LAI)	d		0447				0531		0546					0600		0606		0616
West Horndon (WHR)	d		0451				0535		0550					0604				0620
Stanford-le-Hope (SFO)	d	0434			0502			0535					0552		0608			
East Tilbury (ETL)	d	0437			0506			0539					0556		↳			
Tilbury Town (TIL)	Ⓜ d	0443			0512			0545					0602					
Grays (GRY)	a	0446		↳	0515			0548		↳			0605				↳	
Grays (GRY)	d	0446		0446	0454	0515	0524	0548		0548	0554	0606					0606	0615
Purfleet (PFL)	d	↳			0500		0530	↳				0600	↳				0612	
Rainham (RNM)	d				0505		0535					0605					0618	
Dagenham Dock (DDK)	d				0509		0539					0609					0621	
Chafford Hundred Lakeside (CFH)	d			0450		0519					0551							0619
Ockendon (OCK)	d			0454		0523					0555							0624
Upminster (UPM)	Ⓜ d		0457	0500	0530		0541		0556	0602			0610		0615		0626	0631
Barking (BKG)	Ⓜ d		0505	0508	0515	0538	0545	0549	0604	0610	0615		0618			0627	0639	0639
Stratford (SRA)	Ⓜ DLR 7 a																	
London Liverpool Street (LST)	Ⓜ 15 a																	
West Ham (WEH)	Ⓜ DLR d		0510	0513	0520	0543	0550	0555	0610	0616	0620		0623		0627	0633	0639	0644
Limehouse (LHS)	Ⓜ DLR d		0515	0518	0525	0548	0555	0600	0615	0621	0625		0628		0633	0639	0644	0649
London Fenchurch Street (FST)	Ⓜ 7 a		0520	0523	0530	0553	0600	0604	0619	0625	0630		0633		0637	0644	0649	0654

	Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC
Shoeburyness (SRY)	d			0557		0607			0611					0626				0640
Thorpe Bay (TPB)	d		0555	0601		0611			0615					0630				0644
Southend East (SOE)	d		0557	0603		0613			0617					0632				0646
Southend Central (SOC)	a		0600	0606					0620					0635				0649
Southend Central (SOC)	d		0600	0606	0611				0620					0635				0645
Westcliff (WCF)	d		0602	0608	0613				0622					0637				0648
Chalkwell (CHW)	d		0605	0611	0616				0625					0640				0650
Leigh-on-Sea (LES)	d		0607	0614	0618	0622			0628	0635				0643				0653
Benfleet (BEF)	d		0612	0619	0623	0627			0633	0640				0648				0657
Pitsea (PSE)	d		0618	0623	0628	0631			0637				0647	0652				0703
Basildon (BSO)	d			0627		0635			0641	0646				0656				0709
Laindon (LAI)	d			0630		0639			0644	0649				0659	0703			0713
West Horndon (WHR)	d	↳		0635					0654		↳				0708		↳	0717
Stanford-le-Hope (SFO)	d	0608	0624		0634						0634		0653				0653	0710
East Tilbury (ETL)	d	0612	0628		↳						0637		↳				0656	↳
Tilbury Town (TIL)	Ⓜ d	0618	0634								0643						0702	
Grays (GRY)	a	0621	0637				↳				0646						0705	
Grays (GRY)	d	0622	0638				0631	0638			0647	0651				0701	0706	
Purfleet (PFL)	d	0628	↳					0644				0657					0712	
Rainham (RNM)	d	0633						0649				0703					0717	
Dagenham Dock (DDK)	d	0637						0653				0707					0721	
Chafford Hundred Lakeside (CFH)	d					0635					0651						0706	
Ockendon (OCK)	d					0640					0656						0711	
Upminster (UPM)	Ⓜ d			0640		0649		0654	0659	0703			0709	0713	0718			
Barking (BKG)	Ⓜ d	0643				0654		0659	0703	0708	0711	0713		0722	0726	0728		0735e
Stratford (SRA)	Ⓜ DLR 7 a																	↳
London Liverpool Street (LST)	Ⓜ 15 a																	
West Ham (WEH)	Ⓜ DLR d	0649		0653		0659	0702	0705	0709	0713	0717	0720		0723	0728	0732	0735	
Limehouse (LHS)	Ⓜ DLR d	0654		0659		0705	0708	0711	0714	0719	0722	0725		0728	0733	0737	0740	
London Fenchurch Street (FST)	Ⓜ 7 a	0659		0703		0709	0712	0715	0719	0723	0727	0730		0733	0738	0742	0745	

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- e Arrives 4 minutes earlier
- f Arrives 3 minutes earlier

Shoeburyness, Southend Central, Tilbury, Grays and Basildon to Upminster, Barking and London

Mondays to Fridays

	Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC
Shoeburyness (SRY)	d	0648					0702							0718				
Thorpe Bay (TPB)	d	0652					0706						0712		0722			
Southend East (SOE)	d	0654					0708						0714		0724			
Southend Central (SOC)	a	0657					0711						0717		0727			
Southend Central (SOC)	d	0657				0703	0711						0717		0727			
Westcliff (WCF)	d	0659				0705	0713						0719		0729			
Chalkwell (CHW)	d	0702				0708	0716						0722		0732			
Leigh-on-Sea (LES)	d	0705		0708		0711						0721	0725				0737	
Benfleet (BEF)	d	0710		0713		0716					←	0726	0730				0742	
Pitsea (PSE)	d			0716		0720					0720	0730	0734					0735
Basildon (BSO)	d			0720		←						0734	0738		0742		←	0748
Laindon (LAI)	d	0717								0731		0746c					←	0746c
West Horndon (WHR)	d							←	0736			←				←	0752	
Stanford-le-Hope (SFO)	d						0710				0726				0726			0742
East Tilbury (ETL)	d						0714				←				0730			0745
Tilbury Town (TIL)	3 d						0720								0736			0752
Grays (GRY)	a						0723								0739			0755
Grays (GRY)	d				0717								0731		0740			0747
Purfleet (PFL)	d						0730								0746			←
Rainham (RNM)	d						0736								0751			
Dagenham Dock (DDK)	d						0740								0755			
Chafford Hundred Lakeside (CFH)	d				0721									0735				0751
Ockendon (OCK)	d				0726									0741				0756
Upminster (UPM)	⊖ d		←		0733				0741					0748		0757		0803
Barking (BKG)	⊖ d		0735e		0741			0746	0750					0756		0802		0811
Stratford (SRA)	⊖ DLR 7 a																	
London Liverpool Street (LST)	⊖ 15 a																	
West Ham (WEH)	⊖ DLR d		0741	0744	0747		0750	0753	0756		0759		0802	0805	0808	0811	0814	0817
Limehouse (LHS)	DLR d		0746	0749	0752		0755	0758	0801		0804		0807		0813	0816	0819	0822
London Fenchurch Street (FST)	7 a	0747	0751	0754	0757		0800	0803	0806		0809		0812	0814	0818	0821	0824	0827

	Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	
Shoeburyness (SRY)	d						0739		0745				0800				0815		0834
Thorpe Bay (TPB)	d		0731				0743		0749				0804				0819		0838
Southend East (SOE)	d		0733				0745		0751				0806				0821		0840
Southend Central (SOC)	a		0736				0748		0754				0809				0824		0843
Southend Central (SOC)	d		0736				0748		0754				0809				0824		0843
Westcliff (WCF)	d		0738				0750		0756				0811				0826		0845
Chalkwell (CHW)	d		0741				0753		0759				0814				0829		0848
Leigh-on-Sea (LES)	d		0744				0756			0804			0817				0832		0851
Benfleet (BEF)	d		0749				0801			0809			0822				0837		0856
Pitsea (PSE)	d	0751	0753				0804			0813				0818	0836		0840		
Basildon (BSO)	d		0757				0808		0812	0817		0828					0844		0902
Laindon (LAI)	d				0803		0812			0821			0834				0848		0905
West Horndon (WHR)	d				0808			←	0820	0825			0839					←	
Stanford-le-Hope (SFO)	d	0757					0757							0824	0843				0843
East Tilbury (ETL)	d	←					0801							0828	←				0846
Tilbury Town (TIL)	3 d						0807							0834					0853
Grays (GRY)	a			←			0810							0837					0856
Grays (GRY)	d			0756		0801				0810		0818					0837		0847
Purfleet (PFL)	d			0802						0816							0843		0902
Rainham (RNM)	d			0807						0822							0849		0908
Dagenham Dock (DDK)	d			0811						0826							0853		0911
Chafford Hundred Lakeside (CFH)	d					0805						0822							0851
Ockendon (OCK)	d					0810						0826							0856
Upminster (UPM)	⊖ d		0807		0813	0817	0821		0826				0833		0844		0856	0903	0914
Barking (BKG)	⊖ d			0817	0822	0826			0832		0838	0841	0846	0853	0859		0856	0905	0917
Stratford (SRA)	⊖ DLR 7 a																		
London Liverpool Street (LST)	⊖ 15 a																		
West Ham (WEH)	⊖ DLR d		0820	0823	0828	0831	0834	0838	0841	0844	0847	0852	0858	0905		0910	0917	0923	0928
Limehouse (LHS)	DLR d		0825	0829	0833	0837	0840	0843	0846	0849	0852	0858	0904	0910		0916	0922	0929	0933
London Fenchurch Street (FST)	7 a		0830	0833	0838	0841	0844	0848	0851	0854	0857	0903	0908	0915		0920	0928	0933	0939

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- c Arrives 5 minutes earlier
- e Arrives 4 minutes earlier

Shoeburyness, Southend Central, Tilbury, Grays and Basildon to Upminster, Barking and London

Mondays to Fridays

	Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC			
Shoeburyness (SRY)	d					0854		0907					0927		0941			0957	1011		
Thorpe Bay (TPB)	d					0858		0911					0931		0945			1001	1015		
Southend East (SOE)	d					0900		0913					0933		0947			1003	1017		
Southend Central (SOC)	a					0903		0916					0936		0950			1006	1020		
Southend Central (SOC)	d		0850			0903	0912	0916					0936	0942	0950			1006	1012	1020	
Westcliff (WCF)	d		0852			0905	0915	0918					0938	0945	0952			1008	1015	1022	
Chalkwell (CHW)	d		0855			0908	0917	0921					0941	0947	0955			1011	1017	1025	
Leigh-on-Sea (LES)	d		0858			0911	0920	0924					0943	0950	0957			1013	1020	1027	
Benfleet (BEF)	d		0903			0916	0924	0929					0948	0954	1002			1018	1024	1032	
Pitsea (PSE)	d	0847	0906		0916	0920	0929						0951	0959				1022	1029		
Basildon (BSO)	d		0910			0924		0935					0955		1008			1026		1038	
Laindon (LAI)	d		0914			0927		0938					0958		1011			1030		1041	
West Horndon (WHR)	d		0918			0932						←	1003				←	1034			
Stanford-le-Hope (SFO)	d	0854			0923		0935					0935		1005			1005		1035		
East Tilbury (ETL)	d	0857			0926		→					0938		→			1008		→		
Tilbury Town (TIL)	3 d	0904			0933							0944					1014				
Grays (GRY)	a	0907			0936						←	0947					1017				
Grays (GRY)	d	0908		0917	0936					0936	0948	0953				1010	1017				
Purfleet (PFL)	d	0914			→					0942		0959				1016					
Rainham (RNM)	d	0919								0948		1004				1021					
Dagenham Dock (DDK)	d	0923								0951		1007				1024					
Chafford Hundred Lakeside (CFH)	d			0921								0952						1021			
Ockendon (OCK)	d			0925								0956						1025			
Upminster (UPM)	⊖ d		0924	0932		0937		0946				1003		1008		1019		1031	1041	1049	
Barking (BKG)	⊖ d	0929	0932	0940		0946		0955	0958	1011	1013	1017			1027	1030	1040	1050	1057		
Stratford (SRA)	⊖ DLR 7 a																				
London Liverpool Street (LST)	⊖ 15 a																				
West Ham (WEH)	⊖ DLR d	0935	0938	0946		0951		1000	1004	1016	1019	1022			1032	1036	1046	1056		1102	
Limehouse (LHS)	DLR d	0940	0943	0951		0957		1005	1009	1021	1024	1028			1037	1041	1051	1101		1107	
London Fenchurch Street (FST)	7 a	0945	0948	0956		1001		1009	1013	1025	1028	1033			1042	1045	1056	1107		1112	

	Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC		
Shoeburyness (SRY)	d			1027		1041				1057		1111			1127		1141			1157	
Thorpe Bay (TPB)	d			1031		1045				1101		1115			1131		1145			1201	
Southend East (SOE)	d			1033		1047				1103		1117			1133		1147			1203	
Southend Central (SOC)	a			1036		1050				1106		1120			1136		1150			1206	
Southend Central (SOC)	d			1036	1042	1050				1106	1112	1120			1136	1139	1150			1206	
Westcliff (WCF)	d			1038	1045	1052				1108	1115	1122			1138	1142	1152			1208	
Chalkwell (CHW)	d			1041	1047	1055				1111	1117	1125			1141	1144	1155			1211	
Leigh-on-Sea (LES)	d			1043	1050	1057				1113	1120	1127			1143	1147	1157			1213	
Benfleet (BEF)	d			1048	1054	1102				1118	1124	1132			1148	1151	1202			1218	
Pitsea (PSE)	d			1051	1059					1121	1129				1151	1156				1221	
Basildon (BSO)	d			1055		1108				1125		1138			1155		1208			1225	
Laindon (LAI)	d			1058		1111				1128		1141			1158		1211			1228	
West Horndon (WHR)	d		←	1103						1133					1203				←	1233	
Stanford-le-Hope (SFO)	d		1035		1105					1105		1135			1135		1202			1202	
East Tilbury (ETL)	d		1038		→					1108		→			1138		→			1205	
Tilbury Town (TIL)	3 d		1044							1114					1144					1211	
Grays (GRY)	a		1047							1117					1147					1214	
Grays (GRY)	d	1040	1047				1110	1117					1140	1147					1210	1214	
Purfleet (PFL)	d	1046					1116						1146						1216		
Rainham (RNM)	d	1051					1121						1151						1221		
Dagenham Dock (DDK)	d	1054					1124						1154						1224		
Chafford Hundred Lakeside (CFH)	d		1051					1121							1151					1218	
Ockendon (OCK)	d		1055					1125							1155					1222	
Upminster (UPM)	⊖ d		1101	1108		1119		1131	1138			1149			1201	1208		1219		1229	1238
Barking (BKG)	⊖ d	1100	1109	1117		1127	1130	1139	1147			1157	1200	1209	1216		1227	1230	1238	1247	
Stratford (SRA)	⊖ DLR 7 a																				
London Liverpool Street (LST)	⊖ 15 a																				
West Ham (WEH)	⊖ DLR d	1106	1114	1122		1132	1136	1144	1152			1202	1206	1214	1221			1232	1236	1243	1252
Limehouse (LHS)	DLR d	1111	1119	1127		1137	1141	1149	1157			1207	1211	1219	1226			1237	1241	1248	1257
London Fenchurch Street (FST)	7 a	1116	1124	1131		1142	1146	1154	1201			1212	1216	1224	1230			1242	1246	1253	1301

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time

Shoeburyness, Southend Central, Tilbury, Grays and Basildon to Upminster, Barking and London

Mondays to Fridays

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	
Shoeburyness (SRY)	d		1211			1227		1241			1257		1311			1327		1341	
Thorpe Bay (TPB)	d		1215			1231		1245			1301		1315			1331		1345	
Southend East (SOE)	d		1217			1233		1247			1303		1317			1333		1347	
Southend Central (SOC)	a		1220			1236		1250			1306		1320			1336		1350	
Southend Central (SOC)	d	1212	1220			1236	1242	1250			1306	1311	1320			1336	1342	1350	
Westcliff (WCF)	d	1215	1222			1238	1245	1252			1308	1314	1322			1338	1345	1352	
Chalkwell (CHW)	d	1217	1225			1241	1247	1255			1311	1316	1325			1341	1347	1355	
Leigh-on-Sea (LES)	d	1220	1227			1243	1250	1257			1313	1319	1327			1343	1350	1357	
Benfleet (BEF)	d	1224	1232			1248	1254	1302			1318	1323	1332			1348	1354	1402	
Pitsea (PSE)	d	1229				1251	1259				1321	1328				1351	1359		
Basildon (BSO)	d		1238			1255		1308			1325		1338			1355		1408	
Laindon (LAI)	d		1241			1258		1311			1328		1341			1358		1411	
West Horndon (WHR)	d				←	1303				←	1333				←	1403			
Stanford-le-Hope (SFO)	d	1235			1235		1305				1305		1334			1334		1405	
East Tilbury (ETL)	d	←			1238		←				1308		←			1337		←	
Tilbury Town (TIL)	8 d				1244						1314					1343			
Grays (GRY)	a				1247						1317					1346			
Grays (GRY)	d			1240	1247				1310	1317					1340	1346			1410
Purfleet (PFL)	d			1246					1316						1346				1416
Rainham (RNM)	d			1251					1321						1351				1421
Dagenham Dock (DDK)	d			1254					1324						1354				1424
Chafford Hundred Lakeside (CFH)	d				1251						1321					1350			
Ockendon (OCK)	d				1255						1325					1354			
Upminster (UPM)	⊖ d		1249		1301	1308		1319			1331	1338		1349		1401	1408		1419
Barking (BKG)	⊖ d		1257	1300	1309	1316		1327	1330	1340	1346		1357	1401	1409	1416		1427	1430
Stratford (SRA)	⊖ DLR 7 a																		
London Liverpool Street (LST)	⊖ 15 a																		
West Ham (WEH)	⊖ DLR d		1302	1306	1314	1321		1332	1336	1345	1351		1402	1406	1414	1421		1432	1436
Limehouse (LHS)	DLR d		1307	1311	1319	1326		1337	1341	1351	1356		1407	1411	1419	1426		1437	1441
London Fenchurch Street (FST)	7 a		1312	1316	1324	1331		1342	1345	1356	1400		1412	1416	1424	1432		1442	1446

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC		
Shoeburyness (SRY)	d		1357			1411			1427		1441			1457		1511			1526	
Thorpe Bay (TPB)	d		1401			1415			1431	1437	1445			1501		1515			1530	1536
Southend East (SOE)	d		1403			1417			1433	1439	1447			1503		1517			1532	1538
Southend Central (SOC)	a		1406			1420			1436	1442	1450			1506		1520			1535	1541
Southend Central (SOC)	d		1406	1412	1420				1436	1443	1450			1506	1511	1520			1535	1541
Westcliff (WCF)	d		1408	1415	1422				1438	1445	1452			1508	1514	1522			1537	1543
Chalkwell (CHW)	d		1411	1417	1425				1441	1447	1455			1511	1516	1525			1540	1546
Leigh-on-Sea (LES)	d		1413	1420	1427				1443	1450	1457			1513	1519	1527			1542	1549
Benfleet (BEF)	d		1418	1424	1432				1448	1454	1502			1518	1523	1532			1547	1553
Pitsea (PSE)	d		1421	1429					1451	1459				1521	1528				1550	1559
Basildon (BSO)	d		1425		1438				1455		1508			1525		1538			1554	
Laindon (LAI)	d		1428		1441				1458		1511			1528		1541			1558	
West Horndon (WHR)	d	←	1433					←	1503				←	1533				←	1602	
Stanford-le-Hope (SFO)	d	1405		1435			1435		1505				1505		1534			1534		1605
East Tilbury (ETL)	d	1408		←			1438		←				1508		←			1537		←
Tilbury Town (TIL)	8 d		1414				1444						1514					1543		
Grays (GRY)	a		1417				1447						1517					1546		
Grays (GRY)	d	1417				1440	1447				1510	1517				1540	1546			
Purfleet (PFL)	d					1446					1516					1546				
Rainham (RNM)	d					1451					1521					1551				
Dagenham Dock (DDK)	d					1454					1524					1554				
Chafford Hundred Lakeside (CFH)	d	1421					1451						1521					1550		
Ockendon (OCK)	d	1425					1455						1525					1554		
Upminster (UPM)	⊖ d	1431	1438		1449		1501	1508		1519		1531	1538		1549			1601	1608	
Barking (BKG)	⊖ d	1439	1446		1457	1500	1509	1516		1527	1530	1539	1546		1557	1600		1611	1616	
Stratford (SRA)	⊖ DLR 7 a																			
London Liverpool Street (LST)	⊖ 15 a																			
West Ham (WEH)	⊖ DLR d	1444	1451		1502	1506	1514	1521		1532	1536	1544	1551		1602	1606	1616	1621		
Limehouse (LHS)	DLR d	1449	1456		1507	1511	1519	1526		1537	1541	1549	1556		1607	1611	1621	1626		
London Fenchurch Street (FST)	7 a	1455	1500		1512	1515	1525	1530		1542	1545	1555	1600		1612	1616	1628	1631		

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
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Shoeburyness, Southend Central, Tilbury, Grays and Basildon to Upminster, Barking and London

Mondays to Fridays

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	
Shoeburyness (SRY)	d	1538			1554		1603		1613	1618						1640	1648		
Thorpe Bay (TPB)	d	1541			1558		1607		1617	1622						1644	1652		
Southend East (SOE)	d	1544			1600		1610		1619	1624						1646	1654		
Southend Central (SOC)	a	1546			1603		1613		1622	1627						1649	1657		
Southend Central (SOC)	d	1547			1603	1608	1614		1622	1627				1635		1649	1657		
Westcliff (WCF)	d	1549			1606	1611	1616		1624	1629				1637		1651	1659		
Chalkwell (CHW)	d	1551			1609	1613	1619		1627	1632				1640		1654	1702		
Leigh-on-Sea (LES)	d	1554			1612	1616	1621		1629	1634				1642		1657	1704		
Benfleet (BEF)	d	1558			1617	1620	1626		1634	1639				1647		1702	1709		
Pitsea (PSE)	d	1602				1625	1630		1643				1648		1651	1706	1714		1717
Basildon (BSO)	d	1605			1623		1634		1640	1647				1655		1710	1719		
Laindon (LAI)	d	1609			1626		1637		1643	1651				1658		1713	1722		
West Horndon (WHR)	d	1613			1631				1648				1703		1718				
Stanford-le-Hope (SFO)	d			1605		1632						1632	1654		1654				1723
East Tilbury (ETL)	d			1608								1635			1658				
Tilbury Town (TIL)	d			1615								1641			1704				
Grays (GRY)	a			1618								1644			1707				
Grays (GRY)	d		1609	1619				1637			1648	1647			1708			1717	
Purfleet (PFL)	d		1615					1643				1654			1713				
Rainham (RNM)	d		1620					1648				1701			1719				
Dagenham Dock (DDK)	d		1624					1652				1707			1722				
Chafford Hundred Lakeside (CFH)	d			1622								1652							1721
Ockendon (OCK)	d			1626								1657							1727
Upminster (UPM)	d	1619		1633		1646		1653	1659	1704				1708		1725		1734	
Barking (BKG)	d	1627	1630	1641		1655	1658	1701	1707		1713			1717	1728	1734	1739	1743	
Stratford (SRA)	a																		
London Liverpool Street (LST)	a																		
West Ham (WEH)	d	1632	1636	1646	1650		1701	1704	1707	1713	1716	1719		1722	1734	1740	1746	1749	
Limehouse (LHS)	d	1637	1642	1651			1709	1712		1721	1724			1727	1739			1754	
London Fenchurch Street (FST)	a	1642	1647	1657	1659		1710	1714	1717	1722	1725	1728		1731	1744	1750	1755	1758	

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC
Shoeburyness (SRY)	d	1657	1704		1715			1721			1727				1744				1759
Thorpe Bay (TPB)	d	1701	1708		1719			1725			1731				1748				1803
Southend East (SOE)	d	1703	1710		1721			1727			1733				1750				1805
Southend Central (SOC)	a	1706	1713		1724			1730			1736				1753				1808
Southend Central (SOC)	d	1706	1713		1724			1730			1736				1753				1808
Westcliff (WCF)	d	1708	1715		1726			1732			1738				1755				1810
Chalkwell (CHW)	d	1711	1718		1729			1735			1740				1758				1813
Leigh-on-Sea (LES)	d	1713	1720		1731			1737			1743	1757			1800				1815
Benfleet (BEF)	d	1718	1725		1736			1742			1747				1805				1820
Pitsea (PSE)	d	1721	1728				1732	1745			1751			1803	1808				1823
Basildon (BSO)	d	1725	1732		1743			1749			1755	1806			1812				1827
Laindon (LAI)	d	1728	1735		1746			1752			1758				1815				1831
West Horndon (WHR)	d	1733									1803				1820				1835
Stanford-le-Hope (SFO)	d			1723			1738		1738					1810				1810	
East Tilbury (ETL)	d			1727					1742									1813	
Tilbury Town (TIL)	d			1733					1748									1819	
Grays (GRY)	a			1736					1751									1822	
Grays (GRY)	d			1737		1747			1751					1803			1817	1823	1833
Purfleet (PFL)	d			1742					1757					1809			1829		1839
Rainham (RNM)	d			1748					1802					1816			1834		1845
Dagenham Dock (DDK)	d			1751					1806					1820			1838		1851
Chafford Hundred Lakeside (CFH)	d					1751											1821		
Ockendon (OCK)	d					1757				1757							1827		
Upminster (UPM)	d	1738	1744				1801			1805	1808	1816			1825	1834		1841	
Barking (BKG)	d	1747	1752	1757					1812	1814	1817	1824	1827		1833	1842	1845	1849	1858
Stratford (SRA)	a																		
London Liverpool Street (LST)	a																		
West Ham (WEH)	d	1752	1757	1803	1806			1813	1817	1820	1823	1829	1833		1838	1848	1851	1854	1903
Limehouse (LHS)	d	1757	1802	1808				1818	1825	1828				1838		1843	1853	1856	1909
London Fenchurch Street (FST)	a	1801	1807	1812	1815			1822	1826	1829	1832	1838	1842		1848	1858	1901	1904	1914

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
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Shoeburyness, Southend Central, Tilbury, Grays and Basildon to Upminster, Barking and London

Mondays to Fridays

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC
Shoeburyness (SRY)	d		1814			1829		1847			1857		1914			1927		1942
Thorpe Bay (TPB)	d		1818			1833		1851			1901		1918			1931		1946
Southend East (SOE)	d		1820			1835		1853			1903		1920			1933		1948
Southend Central (SOC)	a		1823			1838		1856			1906		1923			1936		1951
Southend Central (SOC)	d		1823			1838		1856			1906	1912	1923			1936	1942	1951
Westcliff (WCF)	d		1825			1840		1858			1908	1915	1925			1938	1945	1953
Chalkwell (CHW)	d		1828			1843		1901			1911	1917	1928			1941	1947	1956
Leigh-on-Sea (LES)	d		1830			1845		1903			1914	1920	1930			1943	1950	1958
Benfleet (BEF)	d		1835			1850		1908			1919	1924	1935			1948	1954	2003
Pitsea (PSE)	d	1828	1838		1847	1854		1859	1918		1923	1929			1951	1959		
Basildon (BSO)	d		1842			1858		1914			1927		1941			1955		2009
Laindon (LAI)	d		1845			1901		1917			1930		1944			1958		2012
West Horndon (WHR)	d		1850			1906					1935				2003			
Stanford-le-Hope (SFO)	d	1834		1834	1854		1854		1905	1926		1935			1935		2005	
East Tilbury (ETL)	d	↳		1838	↳		1857		1909	1930		↳			1938		↳	
Tilbury Town (TIL)	Ⓜ d			1844			1903		1915	1937					1944			
Grays (GRY)	a			1847			1906		1918	1940				↳	1947			
Grays (GRY)	d			1847			1907		1919	1941				1941	1947			2010
Purfleet (PFL)	d						1912			↳				1947				2016
Rainham (RNM)	d						1918							1952				2021
Dagenham Dock (DDK)	d						1921							1956				2024
Chafford Hundred Lakeside (CFH)	d			1851					1922						1951			
Ockendon (OCK)	d			1856					1926						1955			
Upminster (UPM)	Ⓜ d		1855	1903		1911		1925	1933		1940		1952		2001	2008		2020
Barking (BKG)	Ⓜ d		1905	1912		1921	1927	1933	1941		1948		2000	2003	2010	2016		2028 2030
Stratford (SRA)	Ⓜ DLR 7 a																	
London Liverpool Street (LST)	Ⓜ 15 a																	
West Ham (WEH)	Ⓜ DLR d		1910	1917		1926	1933	1938	1946		1953		2005	2009	2015	2022		2033 2036
Limehouse (LHS)	Ⓜ DLR d		1915	1922		1931	1938	1943	1951		1958		2010	2014	2020	2027		2038 2041
London Fenchurch Street (FST)	Ⓜ 7 a		1919	1927		1935	1942	1948	1956		2003		2014	2019	2024	2031		2043 2045

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	
Shoeburyness (SRY)	d		1957			2011			2027			2041			2057		2111		2127
Thorpe Bay (TPB)	d		2001			2015			2031			2045			2101		2115		2131
Southend East (SOE)	d		2003			2017			2033			2047			2103		2117		2133
Southend Central (SOC)	a		2006			2020			2036			2050			2106		2120		2136
Southend Central (SOC)	d		2006	2012	2020				2036	2042	2050			2106	2112	2120		2136	2142
Westcliff (WCF)	d		2008	2015	2022				2038	2045	2052			2108	2115	2122		2138	2145
Chalkwell (CHW)	d		2011	2017	2025				2041	2047	2055			2111	2117	2125		2141	2147
Leigh-on-Sea (LES)	d		2013	2020	2027				2043	2050	2057			2113	2120	2127		2143	2150
Benfleet (BEF)	d		2018	2024	2032				2048	2054	2102			2118	2124	2132		2148	2154
Pitsea (PSE)	d		2021	2029					2051	2059				2121	2129			2151	2159
Basildon (BSO)	d		2025			2038			2055		2108			2125		2138		2155	
Laindon (LAI)	d		2028			2041			2058		2111			2128		2141		2158	
West Horndon (WHR)	d	↳	2033					↳	2103				↳	2133				↳	2203
Stanford-le-Hope (SFO)	d	2005		2035				2035		2105			2105		2135			2135	2205
East Tilbury (ETL)	d	2008		↳				2038		↳			2108		↳			2138	↳
Tilbury Town (TIL)	Ⓜ d		2014					2044					2114					2144	
Grays (GRY)	a		2017					2047					2117					2147	
Grays (GRY)	d	2017				2040	2047				2110	2117					2143	2147	
Purfleet (PFL)	d					2046					2116						2149		
Rainham (RNM)	d					2051					2121						2154		
Dagenham Dock (DDK)	d					2054					2124						2157		
Chafford Hundred Lakeside (CFH)	d	2021						2051					2121					2151	
Ockendon (OCK)	d	2025						2055					2125					2155	
Upminster (UPM)	Ⓜ d	2031	2038		2049			2101	2108		2119		2131	2138		2149		2201	2208
Barking (BKG)	Ⓜ d	2039	2046		2057	2100		2109	2116		2127	2130	2139	2146		2157	2203	2209	2217
Stratford (SRA)	Ⓜ DLR 7 a																		
London Liverpool Street (LST)	Ⓜ 15 a																		
West Ham (WEH)	Ⓜ DLR d	2044	2051		2102	2106	2114	2121			2132	2136	2144	2151		2202	2209	2214	2222
Limehouse (LHS)	Ⓜ DLR d	2049	2056		2107	2111	2119	2126			2137	2141	2149	2156		2207	2214	2219	2227
London Fenchurch Street (FST)	Ⓜ 7 a	2054	2100		2112	2115	2124	2130			2142	2145	2154	2200		2212	2218	2225	2232

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Shoeburyness, Southend Central, Tilbury, Grays and Basildon to Upminster, Barking and London

Mondays to Fridays

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC
Shoeburyness (SRY)	d	2141			2157			2227			2257			2327
Thorpe Bay (TPB)	d	2145			2201			2231			2301			2331
Southend East (SOE)	d	2147			2203			2233			2303			2333
Southend Central (SOC)	a	2150			2206			2236			2306			2336
Southend Central (SOC)	d	2150			2206		2212	2236		2242	2306		2312	2336
Westcliff (WCF)	d	2152			2208		2215	2238		2245	2308		2315	2338
Chalkwell (CHW)	d	2155			2211		2217	2241		2247	2311		2317	2341
Leigh-on-Sea (LES)	d	2157			2213		2220	2243		2250	2313		2320	2343
Benfleet (BEF)	d	2202			2218		2224	2248		2254	2318		2324	2348
Pitsea (PSE)	d				2221		2229	2251		2259	2321		2329	2351
Basildon (BSO)	d	2208			2225			2255			2325			2355
Laindon (LAI)	d	2211			2228			2258			2328			2358
West Horndon (WHR)	d			←	2233			2303			2333			0003
Stanford-le-Hope (SFO)	d			2205			2235			2305			2335	
East Tilbury (ETL)	d			2208			2238			2308			2338	
Tilbury Town (TIL)	8 d			2214			2244			2314			2344	
Grays (GRY)	a			2217			2247			2317			2347	
Grays (GRY)	d	2212	2217		2240		2247		2312	2317		2342	2347	
Purfleet (PFL)	d	2218			2246			2318			2348			
Rainham (RNM)	d	2223			2251			2323			2353			
Dagenham Dock (DDK)	d	2227			2254			2326			2356			
Chafford Hundred Lakeside (CFH)	d			2221			2251			2321			2351	
Ockendon (OCK)	d			2225			2255			2325			2355	
Upminster (UPM)	⊖ d	2219		2231	2238		2301	2308		2331	2338		0001	0008
Barking (BKG)	⊖ d	2227	2232	2239	2246	2300	2309	2316	2332	2339	2346	0002	0009	0016
Stratford (SRA)	⊖ DLR 7 a													
London Liverpool Street (LST)	⊖ 15 a													
West Ham (WEH)	⊖ DLR d	2232	2238	2244	2251	2306	2314	2321	2338	2344	2351	0008	0014	0021
Limehouse (LHS)	DLR d	2237	2243	2249	2256	2311	2319	2326	2343	2349	2356	0013	0019	0026
London Fenchurch Street (FST)	7 a	2242	2247	2254	2300	2315	2324	2330	2347	2354	0001	0017	0024	0031

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time

Shoeburyness, Southend Central, Tilbury, Grays and Basildon to Upminster, Barking and London

Saturdays

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC		
Shoeburyness (SRY)	d		0425	0443	0509		0513	0539		0543	0609		0613	0639		0643	0709	0713		
Thorpe Bay (TPB)	d		0429	0447	0513		0517	0543		0547	0613		0617	0643		0647	0713	0717		
Southend East (SOE)	d		0431	0449	0515		0519	0545		0549	0615		0619	0645		0649	0715	0719		
Southend Central (SOC)	a		0434	0452	0518		0522	0548		0552	0618		0622	0648		0652	0718	0722		
Southend Central (SOC)	d	0413	0434	0452	0518		0522	0548		0552	0618		0622	0648		0652	0718	0722		
Westcliff (WCF)	d	0415	0436	0454	0520		0524	0550		0554	0620		0624	0650		0654	0720	0724		
Chalkwell (CHW)	d	0417	0439	0457	0523		0527	0553		0557	0623		0627	0653		0657	0723	0727		
Leigh-on-Sea (LES)	d	0420	0441	0500	0526		0530	0556		0600	0626		0630	0656		0700	0726	0730		
Benfleet (BEF)	d	0424	0446	0505	0531		0535	0601		0605	0631		0635	0701		0705	0731	0735		
Pitsea (PSE)	d	0429	0449	0510	0534		0540	0604		0610	0634		0640	0704		0710	0734	0740		
Basildon (BSO)	d		0453		0538			0608			0638			0708			0738			
Laindon (LAI)	d		0456		0542			0612			0642			0712			0742			
West Horndon (WHR)	d		0501		0546			0616			0646			0716			0746			
Stanford-le-Hope (SFO)	d	0435		0516			0546			0616			0646			0716		0746		
East Tilbury (ETL)	d	0438		0520			0550			0620			0650			0720		→		
Tilbury Town (TIL)	8	d	0444		0526		0556			0626			0656			0726				
Grays (GRY)	a	0447		0529			0559			0629			0659			0729				
Grays (GRY)	d	0448		0530		0552	0600		0622	0630		0652	0700		0722	0730		0752		
Purfleet (PFL)	d				0558			0628			0658			0728			0758			
Rainham (RNM)	d				0603			0633			0703			0733			0803			
Dagenham Dock (DDK)	d				0606			0636			0706			0736			0806			
Chafford Hundred Lakeside (CFH)	d	0451		0534		0604		0634		0634		0704		0734						
Ockendon (OCK)	d	0455		0538		0608		0638		0638		0708		0738						
Upminster (UPM)	⊖	d	0502	0506	0544	0552	0614	0622	0644	0652	0714	0722	0744	0752						
Barking (BKG)	⊖	d	0510	0514	0553	0600	0612	0623	0630	0642	0653	0700	0712	0723	0730	0742	0753	0800	0812	
Stratford (SRA)	⊖	DLR	7	a																
London Liverpool Street (LST)	⊖	15	a																	
West Ham (WEH)	⊖	DLR	d	0515	0519	0558	0606	0618	0628	0636	0648	0658	0706	0718	0728	0736	0748	0758	0806	0818
Limehouse (LHS)	DLR	d	0520	0524	0603	0611	0623	0633	0641	0653	0703	0711	0723	0733	0741	0753	0803	0811	0823	
London Fenchurch Street (FST)	7	a	0525	0529	0607	0615	0627	0637	0645	0657	0707	0715	0727	0737	0745	0757	0807	0815	0827	

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	
Shoeburyness (SRY)	d	0726		0739		0743	0756		0809		0813	0826		0839		0843	0856	0909	
Thorpe Bay (TPB)	d	0730		0743		0747	0800		0813		0817	0830		0843		0847	0900	0913	
Southend East (SOE)	d	0732		0745		0749	0802		0815		0819	0832		0845		0849	0902	0915	
Southend Central (SOC)	a	0735		0748		0752	0805		0818		0822	0835		0848		0852	0905	0918	
Southend Central (SOC)	d	0735		0748		0752	0805		0818		0822	0835		0848		0852	0905	0918	
Westcliff (WCF)	d	0737		0750		0754	0807		0820		0824	0837		0850		0854	0907	0920	
Chalkwell (CHW)	d	0740		0753		0757	0810		0823		0827	0840		0853		0857	0910	0923	
Leigh-on-Sea (LES)	d	0742		0756		0800	0812		0826		0830	0842		0856		0900	0912	0926	
Benfleet (BEF)	d	0747		0801		0805	0817		0831		0835	0847		0901		0905	0917	0931	
Pitsea (PSE)	d			0804		0810		0834		0840		0904		0910				0934	
Basildon (BSO)	d	0753		0808		0823	0838		0853		0908			0923				0938	
Laindon (LAI)	d	0757		0812		0827	0842		0857		0912			0927				0942	
West Horndon (WHR)	d		←	0816			←	0846			←	0916						←	0946
Stanford-le-Hope (SFO)	d		0746		0816		0816		0846		0846		0916			0916		0916	
East Tilbury (ETL)	d		0750		→	0820		→	0850		→	0920		→		0920		0920	
Tilbury Town (TIL)	8	d	0756		0826		0826		0856		0856		0926			0926		0926	
Grays (GRY)	a	0759		0829			0829				0859					0929		0929	
Grays (GRY)	d		0800		0822		0830		0852		0900		0922			0930		0930	
Purfleet (PFL)	d			0828			0858				0928			0928				0938	
Rainham (RNM)	d			0833			0903				0933			0933				0942	
Dagenham Dock (DDK)	d			0836			0906				0936			0936				0946	
Chafford Hundred Lakeside (CFH)	d		0804			0834			0904		0904			0934				0934	
Ockendon (OCK)	d		0808			0838			0908		0908			0938				0938	
Upminster (UPM)	⊖	d	0806	0814	0822		0836	0844	0852		0906	0914	0922			0936	0944	0952	
Barking (BKG)	⊖	d	0816	0823	0830	0842	0846	0853	0900	0912	0916	0923	0930	0942		0946	0953	1000	
Stratford (SRA)	⊖	DLR	7	a		0855			0925		0925					0955			
London Liverpool Street (LST)	⊖	15	a	0833		0903			0933		0933					1003			
West Ham (WEH)	⊖	DLR	d	0828	0836	0848		0858	0906	0918			0928	0936	0948			0958	1006
Limehouse (LHS)	DLR	d	0833	0841	0853		0903	0911	0923			0933	0941	0953				1003	1011
London Fenchurch Street (FST)	7	a	0837	0845	0857		0907	0915	0927			0937	0945	0957				1007	1015

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
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Shoeburyness, Southend Central, Tilbury, Grays and Basildon to Upminster, Barking and London

Saturdays

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	
Shoeburyness (SRY)	d	0913	0926		0939		0943	0956		1009		1013	1026		1039		1043	1056
Thorpe Bay (TPB)	d	0917	0930		0943		0947	1000		1013		1017	1030		1043		1047	1100
Southend East (SOE)	d	0919	0932		0945		0949	1002		1015		1019	1032		1045		1049	1102
Southend Central (SOC)	a	0922	0935		0948		0952	1005		1018		1022	1035		1048		1052	1105
Southend Central (SOC)	d	0922	0935		0948		0952	1005		1018		1022	1035		1048		1052	1105
Westcliff (WCF)	d	0924	0937		0950		0954	1007		1020		1024	1037		1050		1054	1107
Chalkwell (CHW)	d	0927	0940		0953		0957	1010		1023		1027	1040		1053		1057	1110
Leigh-on-Sea (LES)	d	0930	0942		0956		1000	1012		1026		1030	1042		1056		1100	1112
Benfleet (BEF)	d	0935	0947		1001		1005	1017		1031		1035	1047		1101		1105	1117
Pitsea (PSE)	d	0940			1004		1010			1034		1040			1104		1110	
Basildon (BSO)	d		0953		1008			1023		1038			1053		1108			1123
Laindon (LAI)	d		0957		1012			1027		1042			1057		1112			1127
West Horndon (WHR)	d			←	1016				←	1046				←	1116			
Stanford-le-Hope (SFO)	d	0946		→	0946		1016		1016		1046		1046				1116	
East Tilbury (ETL)	d	→		0950		→		1020		→		1050				→		
Tilbury Town (TIL)	8 d			0956				1026				1056						
Grays (GRY)	a			0959				1029				1059						
Grays (GRY)	d	0952			1000		1022		1030		1052		1100			1122		
Purfleet (PFL)	d	0958				1028				1058					1128			
Rainham (RNM)	d	1003				1033				1103					1133			
Dagenham Dock (DDK)	d	1006				1036				1106					1136			
Chafford Hundred Lakeside (CFH)	d			1004				1034				1104						
Ockendon (OCK)	d			1008				1038				1108						
Upminster (UPM)	⊖ d		1006	1014	1022		1036	1044	1052		1106	1114	1122					1136
Barking (BKG)	⊖ d	1012	1016	1023	1030	1042	1046	1053	1100	1112		1116	1123	1130	1142			1146
Stratford (SRA)	⊖ DLR 7 a		1025					1055				1125						1155
London Liverpool Street (LST)	⊖ 15 a		1033					1103				1133						1203
West Ham (WEH)	⊖ DLR d	1018		1028	1036	1048		1058	1106	1118			1128	1136	1148			
Limehouse (LHS)	DLR d	1023		1033	1041	1053		1103	1111	1123			1133	1141	1153			
London Fenchurch Street (FST)	7 a	1027		1037	1045	1057		1107	1115	1127			1137	1145	1157			

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	
Shoeburyness (SRY)	d	1109		1113	1126		1139		1143	1156		1209		1213	1226		1239	
Thorpe Bay (TPB)	d	1113		1117	1130		1143		1147	1200		1213		1217	1230		1243	
Southend East (SOE)	d	1115		1119	1132		1145		1149	1202		1215		1219	1232		1245	
Southend Central (SOC)	a	1118		1122	1135		1148		1152	1205		1218		1222	1235		1248	
Southend Central (SOC)	d	1118		1122	1135		1148		1152	1205		1218		1222	1235		1248	
Westcliff (WCF)	d	1120		1124	1137		1150		1154	1207		1220		1224	1237		1250	
Chalkwell (CHW)	d	1123		1127	1140		1153		1157	1210		1223		1227	1240		1253	
Leigh-on-Sea (LES)	d	1126		1130	1142		1156		1200	1212		1226		1230	1242		1256	
Benfleet (BEF)	d	1131		1135	1147		1201		1205	1217		1231		1235	1247		1301	
Pitsea (PSE)	d	1134		1140			1204		1210			1234		1240			1304	
Basildon (BSO)	d	1138			1153		1208			1223		1238			1253		1308	
Laindon (LAI)	d	1142			1157		1212			1227		1242			1257		1312	
West Horndon (WHR)	d	←	1146			←	1216				←	1246				←	1316	
Stanford-le-Hope (SFO)	d	1116		1146		1146		1216		1216			1246		1246		1246	
East Tilbury (ETL)	d	1120		→		1150		→		1220			→		1250			
Tilbury Town (TIL)	8 d	1126				1156				1226					1256			
Grays (GRY)	a	1129				1159				1229					1259			
Grays (GRY)	d	1130		1152		1200		1222		1230		1252			1300		1322	
Purfleet (PFL)	d			1158				1228				1258					1328	
Rainham (RNM)	d			1203				1233				1303					1333	
Dagenham Dock (DDK)	d			1206				1236				1306					1336	
Chafford Hundred Lakeside (CFH)	d	1134				1204				1234							1304	
Ockendon (OCK)	d	1138				1208				1238							1308	
Upminster (UPM)	⊖ d	1144	1152		1206	1214	1222		1236	1244	1252			1306	1314	1322		
Barking (BKG)	⊖ d	1153	1200	1212	1216	1223	1230	1242	1246	1253	1300	1312		1316	1323	1330	1342	
Stratford (SRA)	⊖ DLR 7 a				1225					1255					1325			
London Liverpool Street (LST)	⊖ 15 a				1233					1303					1333			
West Ham (WEH)	⊖ DLR d	1158	1206	1218		1228	1236	1248		1258	1306	1318				1328	1336	1348
Limehouse (LHS)	DLR d	1203	1211	1223		1233	1241	1253		1303	1311	1323				1333	1341	1353
London Fenchurch Street (FST)	7 a	1207	1215	1227		1237	1245	1257		1307	1315	1327				1337	1345	1357

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
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Shoeburyness, Southend Central, Tilbury, Grays and Basildon to Upminster, Barking and London

Saturdays

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	
Shoeburyness (SRY)	d	1243	1256		1309		1313	1326		1339		1343	1356		1409		1413	1426	
Thorpe Bay (TPB)	d	1247	1300		1313		1317	1330		1343		1347	1400		1413		1417	1430	
Southend East (SOE)	d	1249	1302		1315		1319	1332		1345		1349	1402		1415		1419	1432	
Southend Central (SOC)	a	1252	1305		1318		1322	1335		1348		1352	1405		1418		1422	1435	
Southend Central (SOC)	d	1252	1305		1318		1322	1335		1348		1352	1405		1418		1422	1435	
Westcliff (WCF)	d	1254	1307		1320		1324	1337		1350		1354	1407		1420		1424	1437	
Chalkwell (CHW)	d	1257	1310		1323		1327	1340		1353		1357	1410		1423		1427	1440	
Leigh-on-Sea (LES)	d	1300	1312		1326		1330	1342		1356		1400	1412		1426		1430	1442	
Benfleet (BEF)	d	1305	1317		1331		1335	1347		1401		1405	1417		1431		1435	1447	
Pitsea (PSE)	d	1310			1334		1340			1404		1410			1434		1440		
Basildon (BSO)	d		1323		1338			1353		1408			1423		1438			1453	
Laindon (LAI)	d		1327		1342			1357		1412			1427		1442			1457	
West Horndon (WHR)	d			←	1346				←	1416				←	1446			←	
Stanford-le-Hope (SFO)	d	1316		1316			1346		1346			1416		1416			1446	1446	
East Tilbury (ETL)	d	←		1320			←		1350			←		1420			←	1450	
Tilbury Town (TIL)	8 d			1326					1356					1426				1456	
Grays (GRY)	a			1329					1359					1429				1459	
Grays (GRY)	d			1330			1352		1400			1422		1430			1452	1500	
Purfleet (PFL)	d						1358					1428					1458		
Rainham (RNM)	d						1403					1433					1503		
Dagenham Dock (DDK)	d						1406					1436					1506		
Chafford Hundred Lakeside (CFH)	d			1334					1404					1434				1504	
Ockendon (OCK)	d			1338					1408					1438				1508	
Upminster (UPM)	⊖ d		1336	1344	1352			1406	1414	1422			1436	1444	1452			1506	1514
Barking (BKG)	⊖ d		1346	1353	1400	1412		1416	1423	1430	1442		1446	1453	1500	1512		1516	1523
Stratford (SRA)	⊖ DLR 7 a		1355					1425						1455				1525	
London Liverpool Street (LST)	⊖ 15 a		1403					1433						1503				1533	
West Ham (WEH)	⊖ DLR d			1358	1406	1418			1428	1436	1448			1458	1506	1518			1528
Limehouse (LHS)	DLR d			1403	1411	1423			1433	1441	1453			1503	1511	1523			1533
London Fenchurch Street (FST)	7 a			1407	1415	1427			1437	1445	1457			1507	1515	1527			1537

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC
Shoeburyness (SRY)	d	1439		1443	1456		1509		1513	1526		1539		1543	1556		1609	1613
Thorpe Bay (TPB)	d	1443		1447	1500		1513		1517	1530		1543		1547	1600		1613	1617
Southend East (SOE)	d	1445		1449	1502		1515		1519	1532		1545		1549	1602		1615	1619
Southend Central (SOC)	a	1448		1452	1505		1518		1522	1535		1548		1552	1605		1618	1622
Southend Central (SOC)	d	1448		1452	1505		1518		1522	1535		1548		1552	1605		1618	1622
Westcliff (WCF)	d	1450		1454	1507		1520		1524	1537		1550		1554	1607		1620	1624
Chalkwell (CHW)	d	1453		1457	1510		1523		1527	1540		1553		1557	1610		1623	1627
Leigh-on-Sea (LES)	d	1456		1500	1512		1526		1530	1542		1556		1600	1612		1626	1630
Benfleet (BEF)	d	1501		1505	1517		1531		1535	1547		1601		1605	1617		1631	1635
Pitsea (PSE)	d	1504		1510			1534		1540			1604		1610			1634	1640
Basildon (BSO)	d	1508			1523		1538			1553		1608			1623		1638	
Laindon (LAI)	d	1512			1527		1542			1557		1612			1627		1642	
West Horndon (WHR)	d	1516				←	1546				←	1616				←	1646	
Stanford-le-Hope (SFO)	d			1516			1516			1546		1546		1616			1616	1646
East Tilbury (ETL)	d			←			1520			←		1550		←			1620	←
Tilbury Town (TIL)	8 d						1526					1556					1626	
Grays (GRY)	a						1529					1559					1629	
Grays (GRY)	d			1522			1530			1552		1600			1622		1630	1652
Purfleet (PFL)	d			1528						1558				1628				1658
Rainham (RNM)	d			1533						1603				1633				1703
Dagenham Dock (DDK)	d			1536						1606				1636				1706
Chafford Hundred Lakeside (CFH)	d						1534					1604					1634	
Ockendon (OCK)	d						1538					1608					1638	
Upminster (UPM)	⊖ d	1522			1536	1544	1552			1606	1614	1622			1636	1644	1652	
Barking (BKG)	⊖ d	1530	1542		1546	1553	1600	1612		1616	1623	1630	1642		1646	1653	1700	1712
Stratford (SRA)	⊖ DLR 7 a				1555					1625					1655			
London Liverpool Street (LST)	⊖ 15 a				1603					1633					1703			
West Ham (WEH)	⊖ DLR d	1536	1548			1558	1606	1618			1628	1636	1648			1658	1706	1718
Limehouse (LHS)	DLR d	1541	1553			1603	1611	1623			1633	1641	1653			1703	1711	1723
London Fenchurch Street (FST)	7 a	1545	1557			1607	1615	1627			1637	1645	1657			1707	1715	1727

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time

Shoeburyness, Southend Central, Tilbury, Grays and Basildon to Upminster, Barking and London

Saturdays

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC			
Shoeburyness (SRY)	d	1626		1639		1643	1656		1709		1713	1726		1739		1743	1756	1809		
Thorpe Bay (TPB)	d	1630		1643		1647	1700		1713		1717	1730		1743		1747	1800	1813		
Southend East (SOE)	d	1632		1645		1649	1702		1715		1719	1732		1745		1749	1802	1815		
Southend Central (SOC)	a	1635		1648		1652	1705		1718		1722	1735		1748		1752	1805	1818		
Southend Central (SOC)	d	1635		1648		1652	1705		1718		1722	1735		1748		1752	1805	1818		
Westcliff (WCF)	d	1637		1650		1654	1707		1720		1724	1737		1750		1754	1807	1820		
Chalkwell (CHW)	d	1640		1653		1657	1710		1723		1727	1740		1753		1757	1810	1823		
Leigh-on-Sea (LES)	d	1642		1656		1700	1712		1726		1730	1742		1756		1800	1812	1826		
Benfleet (BEF)	d	1647		1701		1705	1717		1731		1735	1747		1801		1805	1817	1831		
Pitsea (PSE)	d			1704		1710			1734		1740			1804		1810		1834		
Basildon (BSO)	d	1653		1708			1723		1738			1753		1808			1823	1838		
Laindon (LAI)	d	1657		1712			1727		1742			1757		1812			1827	1842		
West Horndon (WHR)	d		←	1716				←	1746				←	1816				←	1846	
Stanford-le-Hope (SFO)	d		1646			1716			1716			1746		1746			1816	1816		
East Tilbury (ETL)	d		1650			→			1720			→		1750			→	1820		
Tilbury Town (TIL)	8 d		1656						1726					1756				1826		
Grays (GRY)	a		1659						1729					1759				1829		
Grays (GRY)	d		1700			1722			1730			1752		1800		1822		1830		
Purfleet (PFL)	d					1728						1758				1828				
Rainham (RNM)	d					1733						1803				1833				
Dagenham Dock (DDK)	d					1736						1806				1836				
Chafford Hundred Lakeside (CFH)	d		1704						1734					1804				1834		
Ockendon (OCK)	d		1708						1738					1808				1838		
Upminster (UPM)	⊖ d	1706	1714	1722			1736	1744	1752			1806	1814	1822			1836	1844	1852	
Barking (BKG)	⊖ d	1716	1723	1730	1742			1746	1753	1800	1812		1816	1823	1830	1842		1846	1853	1900
Stratford (SRA)	⊖ DLR 7 a		1725						1755					1825					1855	
London Liverpool Street (LST)	⊖ 15 a		1733						1803					1833					1903	
West Ham (WEH)	⊖ DLR d		1728	1736	1748				1758	1806	1818			1828	1836	1848			1858	1906
Limehouse (LHS)	DLR d		1733	1741	1753				1803	1811	1823			1833	1841	1853			1903	1911
London Fenchurch Street (FST)	7 a		1737	1745	1757				1807	1815	1827			1837	1845	1857			1907	1915

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC		
Shoeburyness (SRY)	d		1813	1826		1839		1843	1856		1909		1913	1926		1939		1943	1956
Thorpe Bay (TPB)	d		1817	1830		1843		1847	1900		1913		1917	1930		1943		1947	2000
Southend East (SOE)	d		1819	1832		1845		1849	1902		1915		1919	1932		1945		1949	2002
Southend Central (SOC)	a		1822	1835		1848		1852	1905		1918		1922	1935		1948		1952	2005
Southend Central (SOC)	d		1822	1835		1848		1852	1905		1918		1922	1935		1948		1952	2005
Westcliff (WCF)	d		1824	1837		1850		1854	1907		1920		1924	1937		1950		1954	2007
Chalkwell (CHW)	d		1827	1840		1853		1857	1910		1923		1927	1940		1953		1957	2010
Leigh-on-Sea (LES)	d		1830	1842		1856		1900	1912		1926		1930	1942		1956		2000	2012
Benfleet (BEF)	d		1835	1847		1901		1905	1917		1931		1935	1947		2001		2005	2017
Pitsea (PSE)	d		1840			1904		1910			1934		1940			2004		2010	
Basildon (BSO)	d			1853		1908			1923		1938			1953		2008			2023
Laindon (LAI)	d			1857		1912			1927		1942			1957		2012			2027
West Horndon (WHR)	d				←	1916				←	1946				←	2016			
Stanford-le-Hope (SFO)	d		1846			1846			1916				1946		1946			2016	
East Tilbury (ETL)	d		→			1850			→		1920			→		1950		→	
Tilbury Town (TIL)	8 d					1856					1926				1956				
Grays (GRY)	a					1859					1929				1959				
Grays (GRY)	d	1852				1900			1922		1930			1952		2000		2022	
Purfleet (PFL)	d	1858							1928					1958				2028	
Rainham (RNM)	d	1903							1933					2003				2033	
Dagenham Dock (DDK)	d	1906							1936					2006				2036	
Chafford Hundred Lakeside (CFH)	d					1904					1934					2004			
Ockendon (OCK)	d					1908					1938					2008			
Upminster (UPM)	⊖ d			1906	1914	1922			1936	1944	1952			2006	2014	2022			2036
Barking (BKG)	⊖ d	1912		1916	1923	1930	1942		1946	1953	2000	2012		2016	2023	2030	2042		2046
Stratford (SRA)	⊖ DLR 7 a			1925					1955					2025					2055
London Liverpool Street (LST)	⊖ 15 a			1933					2003					2033					2103
West Ham (WEH)	⊖ DLR d	1918			1928	1936	1948			1958	2006	2018			2028	2036	2048		
Limehouse (LHS)	DLR d	1923			1933	1941	1953			2003	2011	2023			2033	2041	2053		
London Fenchurch Street (FST)	7 a	1927			1937	1945	1957			2007	2015	2027			2037	2045	2057		

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

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Shoeburyness, Southend Central, Tilbury, Grays and Basildon to Upminster, Barking and London

Saturdays

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC
Shoeburyness (SRY)	d	2009		2013	2026		2039		2043	2056		2109		2113	2126		2139
Thorpe Bay (TPB)	d	2013		2017	2030		2043		2047	2100		2113		2117	2130		2143
Southend East (SOE)	d	2015		2019	2032		2045		2049	2102		2115		2119	2132		2145
Southend Central (SOC)	a	2018		2022	2035		2048		2052	2105		2118		2122	2135		2148
Southend Central (SOC)	d	2018		2022	2035		2048		2052	2105		2118		2122	2135		2148
Westcliff (WCF)	d	2020		2024	2037		2050		2054	2107		2120		2124	2137		2150
Chalkwell (CHW)	d	2023		2027	2040		2053		2057	2110		2123		2127	2140		2153
Leigh-on-Sea (LES)	d	2026		2030	2042		2056		2100	2112		2126		2130	2142		2156
Benfleet (BEF)	d	2031		2035	2047		2101		2105	2117		2131		2135	2147		2201
Pitsea (PSE)	d	2034		2040			2104		2110			2134		2140			2204
Basildon (BSO)	d	2038			2053		2108			2123		2138			2153		2208
Laindon (LAI)	d	2042			2057		2112			2127		2142			2157		2212
West Horndon (WHR)	d	←	2046				←	2116				←	2146			←	2216
Stanford-le-Hope (SFO)	d	2016			2046		2046			2116		2116			2146		2146
East Tilbury (ETL)	d	2020			←		2050			←		2120			←		2150
Tilbury Town (TIL)	Ⓜ d	2026					2056					2126					2156
Grays (GRY)	a	2029					2059					2129					2159
Grays (GRY)	d	2030			2052		2100			2122		2130			2152		2200
Purfleet (PFL)	d				2058					2128					2158		2228
Rainham (RNM)	d				2103					2133					2203		2233
Dagenham Dock (DDK)	d				2106					2136					2206		2236
Chafford Hundred Lakeside (CFH)	d	2034					2104					2134					2204
Ockendon (OCK)	d	2038					2108					2138					2208
Upminster (UPM)	Ⓜ d	2044	2052		2106	2114	2122			2136	2144	2152			2206	2214	2222
Barking (BKG)	Ⓜ d	2053	2100	2112	2116	2123	2130	2142		2146	2153	2200	2212		2216	2223	2230
Stratford (SRA)	Ⓜ DLR 7 a				2125							2155					2225
London Liverpool Street (LST)	Ⓜ DLR 15 a				2133							2203					2233
West Ham (WEH)	Ⓜ DLR d	2058	2106	2118			2128	2136	2148			2158	2206	2218			2228
Limehouse (LHS)	Ⓜ DLR d	2103	2111	2123			2133	2141	2153			2203	2211	2223			2233
London Fenchurch Street (FST)	Ⓜ 7 a	2107	2115	2127			2137	2145	2157			2207	2215	2227			2237

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	
Shoeburyness (SRY)	d	2143	2156		2209		2213	2226		2239		2243	2309	2329	2333
Thorpe Bay (TPB)	d	2147	2200		2213		2217	2230		2243		2247	2313	2333	2337
Southend East (SOE)	d	2149	2202		2215		2219	2232		2245		2249	2315	2335	2339
Southend Central (SOC)	a	2152	2205		2218		2222	2235		2248		2252	2318	2338	2342
Southend Central (SOC)	d	2152	2205		2218		2222	2235		2248		2252	2318	2338	2342
Westcliff (WCF)	d	2154	2207		2220		2224	2237		2250		2254	2320	2340	2344
Chalkwell (CHW)	d	2157	2210		2223		2227	2240		2253		2257	2323	2343	2347
Leigh-on-Sea (LES)	d	2200	2212		2226		2230	2242		2256		2300	2326	2346	2350
Benfleet (BEF)	d	2205	2217		2231		2235	2247		2301		2305	2331	2351	2354
Pitsea (PSE)	d	2210			2234		2240			2304		2310	2334	2354	2359
Basildon (BSO)	d		2223		2238			2253		2308			2338	2358	
Laindon (LAI)	d		2227		2242			2257		2312			2342	0001	
West Horndon (WHR)	d			←	2246				←	2316			2346	0006	
Stanford-le-Hope (SFO)	d	2216			2216			2246		2246			2316		0005
East Tilbury (ETL)	d	←			2220			←		2250			2320		0009
Tilbury Town (TIL)	Ⓜ d				2226					2256			2326		0015
Grays (GRY)	a				2229					2259			2329		0018
Grays (GRY)	d				2230			2252		2300			2322	2330	0019
Purfleet (PFL)	d							2258					2328		
Rainham (RNM)	d							2303					2333		
Dagenham Dock (DDK)	d							2306					2336		
Chafford Hundred Lakeside (CFH)	d				2234					2304			2334		0024
Ockendon (OCK)	d				2238					2308			2338		0028
Upminster (UPM)	Ⓜ d		2236	2244	2252			2306	2314	2322			2344	2352	0011
Barking (BKG)	Ⓜ d		2246	2253	2300	2312		2316	2323	2330	2342		2353	2359	0020
Stratford (SRA)	Ⓜ DLR 7 a		2255					2325							
London Liverpool Street (LST)	Ⓜ DLR 15 a		2303					2333							
West Ham (WEH)	Ⓜ DLR d			2258	2306	2318			2328	2336	2348	2358	0006	0025	
Limehouse (LHS)	Ⓜ DLR d			2303	2311	2323			2333	2341	2353	0003	0011	0030	
London Fenchurch Street (FST)	Ⓜ 7 a			2307	2315	2327			2337	2345	2359	0008	0015	0035	

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Shoeburyness, Southend Central, Tilbury, Grays and Basildon to Upminster, Barking and London

Sundays

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC
Shoeburyness (SRY)	d	0540	0602	0610		0626	0643	0656			0713	0726			0743	0756		0813
Thorpe Bay (TPB)	d	0544	0606	0614		0630	0647	0700			0717	0730			0747	0800		0817
Southend East (SOE)	d	0546	0608	0616		0632	0649	0702			0719	0732			0749	0802		0819
Southend Central (SOC)	a	0549	0611	0619		0635	0652	0705			0722	0735			0752	0805		0822
Southend Central (SOC)	d	0549	0611	0619		0635	0652	0705			0722	0735			0752	0805		0822
Westcliff (WCF)	d	0551	0613	0621		0637	0654	0707			0724	0737			0754	0807		0824
Chalkwell (CHW)	d	0554	0616	0624		0640	0657	0710			0727	0740			0757	0810		0827
Leigh-on-Sea (LES)	d	0556	0619	0626		0642	0700	0712			0730	0742			0800	0812		0830
Benfleet (BEF)	d	0601	0624	0631		0647	0705	0717			0735	0747			0805	0817		0835
Pitsea (PSE)	d	0604	0629	0634		0650	0710	0720			0740	0750			0810	0820		0840
Basildon (BSO)	d	0608		0638		0654		0724			0754					0824		
Laindon (LAI)	d	0611		0641		0657		0727			0757					0827		
West Horndon (WHR)	d	0616		0646		0702		0732			0802				0832			
Stanford-le-Hope (SFO)	d		0635		0635		0716		0716		0746		0746		0816		0816	0846
East Tilbury (ETL)	d				0638			0719			0749			0749		0819		
Tilbury Town (TIL)	d				0644			0725			0755			0755		0825		
Grays (GRY)	a				0647			0728			0758			0758		0828		
Grays (GRY)	d				0648			0730		0742			0800	0822		0830		0852
Purfleet (PFL)	d								0748				0828	0828				0858
Rainham (RNM)	d								0753				0833	0833				0903
Dagenham Dock (DDK)	d								0756				0837	0837				0907
Chafford Hundred Lakeside (CFH)	d				0651			0733					0803			0833		
Ockendon (OCK)	d				0655			0737					0807			0837		
Upminster (UPM)	d	0621		0651	0702	0707		0737	0744		0807	0814			0837	0844		
Barking (BKG)	d	0629		0659	0711	0715		0745	0753	0802		0815	0823	0842		0846	0853	0912
Stratford (SRA)	d																	
London Liverpool Street (LST)	a																	
West Ham (WEH)	d	0634		0704	0716	0720		0750	0758	0808		0820	0828	0848		0851	0858	0918
Limehouse (LHS)	d	0639		0709	0721	0725		0755	0803	0813		0825	0833	0853		0856	0903	0923
London Fenchurch Street (FST)	a	0644		0714	0726	0730		0800	0807	0817		0830	0837	0857		0900	0907	0927

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC
Shoeburyness (SRY)	d	0826			0843	0856			0913	0926			0943	0956			1013	1026
Thorpe Bay (TPB)	d	0830			0847	0900			0917	0930			0947	1000			1017	1030
Southend East (SOE)	d	0832			0849	0902			0919	0932			0949	1002			1019	1032
Southend Central (SOC)	a	0835			0852	0905			0922	0935			0952	1005			1022	1035
Southend Central (SOC)	d	0835			0852	0905			0922	0935			0952	1005			1022	1035
Westcliff (WCF)	d	0837			0854	0907			0924	0937			0954	1007			1024	1037
Chalkwell (CHW)	d	0840			0857	0910			0927	0940			0957	1010			1027	1040
Leigh-on-Sea (LES)	d	0842			0900	0912			0930	0942			1000	1012			1030	1042
Benfleet (BEF)	d	0847			0905	0917			0935	0947			1005	1017			1035	1047
Pitsea (PSE)	d	0850			0910	0920			0940	0950			1010	1020			1040	1050
Basildon (BSO)	d	0854				0924				0954				1024				1054
Laindon (LAI)	d	0857				0927				0957				1027				1057
West Horndon (WHR)	d	0902				0932				1002				1032				1102
Stanford-le-Hope (SFO)	d		0846		0916		0916		0946		0946		1016		1016		1046	1046
East Tilbury (ETL)	d		0849			0919			0949			1016		1019			1049	1049
Tilbury Town (TIL)	d		0855			0925			0955			1025		1025			1055	1055
Grays (GRY)	a		0858			0928			0958			1028		1028			1058	1058
Grays (GRY)	d		0900	0922			0930	0952			1000	1022			1030	1052		1100
Purfleet (PFL)	d			0928				0958				1028				1058		
Rainham (RNM)	d			0933				1003				1033				1103		
Dagenham Dock (DDK)	d			0937				1007				1037				1107		
Chafford Hundred Lakeside (CFH)	d		0903				0933				1003				1033			1103
Ockendon (OCK)	d		0907				0937				1007				1037			1107
Upminster (UPM)	d	0907	0914			0937	0944			1007	1014			1037	1044			1107
Barking (BKG)	d	0917	0923	0942		0947	0953	1012		1017	1023	1042		1047	1053	1112		1123
Stratford (SRA)	d	0925				0955				1025				1055				1125
London Liverpool Street (LST)	a	0933				1003				1033				1103				1133
West Ham (WEH)	d		0928	0948			0958	1018			1028	1048			1058	1118		1128
Limehouse (LHS)	d		0933	0953			1003	1023			1033	1053			1103	1123		1133
London Fenchurch Street (FST)	a		0937	0957			1007	1027			1037	1057			1107	1127		1137

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Shoeburyness, Southend Central, Tilbury, Grays and Basildon to Upminster, Barking and London

Sundays

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	
Shoeburyness (SRY)	d		1043	1056			1113	1126			1143	1156			1213	1226		1243
Thorpe Bay (TPB)	d		1047	1100			1117	1130			1147	1200			1217	1230		1247
Southend East (SOE)	d		1049	1102			1119	1132			1149	1202			1219	1232		1249
Southend Central (SOC)	a		1052	1105			1122	1135			1152	1205			1222	1235		1252
Southend Central (SOC)	d		1052	1105			1122	1135			1152	1205			1222	1235		1252
Westcliff (WCF)	d		1054	1107			1124	1137			1154	1207			1224	1237		1254
Chalkwell (CHW)	d		1057	1110			1127	1140			1157	1210			1227	1240		1257
Leigh-on-Sea (LES)	d		1100	1112			1130	1142			1200	1212			1230	1242		1300
Benfleet (BEF)	d		1105	1117			1135	1147			1205	1217			1235	1247		1305
Pitsea (PSE)	d		1110	1120			1140	1150			1210	1220			1240	1250		1310
Basildon (BSO)	d			1124				1154				1224				1254		
Laindon (LAI)	d			1127				1157				1227				1257		
West Horndon (WHR)	d			1132				1202				1232				1302		
Stanford-le-Hope (SFO)	d		1116				1146				1216				1246			1316
East Tilbury (ETL)	d			1119				1149				1219				1249		1316
Tilbury Town (TIL)	8 d			1125				1155				1225				1255		
Grays (GRY)	a			1128				1158				1228				1258		
Grays (GRY)	d	1122			1130	1152			1200	1222			1230	1252			1300	1322
Purfleet (PFL)	d	1128				1158				1228				1258				1328
Rainham (RNM)	d	1133				1203				1233				1303				1333
Dagenham Dock (DDK)	d	1137				1207				1237				1307				1337
Chafford Hundred Lakeside (CFH)	d				1133				1203				1233				1303	
Ockendon (OCK)	d				1137				1207				1237				1307	
Upminster (UPM)	⊖ d			1137	1144			1207	1214			1237	1244			1307	1314	
Barking (BKG)	⊖ d	1142		1147	1153	1212		1217	1223	1242		1247	1253	1312		1317	1323	1342
Stratford (SRA)	⊖ DLR 7 a			1155				1225				1255				1325		
London Liverpool Street (LST)	⊖ 15 a			1203				1233				1303				1333		
West Ham (WEH)	⊖ DLR d	1148			1158	1218			1228	1248			1258	1318			1328	1348
Limehouse (LHS)	DLR d	1153			1203	1223			1233	1253			1303	1323			1333	1353
London Fenchurch Street (FST)	7 a	1157			1207	1227			1237	1257			1307	1327			1337	1357









Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	
Shoeburyness (SRY)	d	1256			1313	1326			1343	1356			1413	1426			1443	1456
Thorpe Bay (TPB)	d	1300			1317	1330			1347	1400			1417	1430			1447	1500
Southend East (SOE)	d	1302			1319	1332			1349	1402			1419	1432			1449	1502
Southend Central (SOC)	a	1305			1322	1335			1352	1405			1422	1435			1452	1505
Southend Central (SOC)	d	1305			1322	1335			1352	1405			1422	1435			1452	1505
Westcliff (WCF)	d	1307			1324	1337			1354	1407			1424	1437			1454	1507
Chalkwell (CHW)	d	1310			1327	1340			1357	1410			1427	1440			1457	1510
Leigh-on-Sea (LES)	d	1312			1330	1342			1400	1412			1430	1442			1500	1512
Benfleet (BEF)	d	1317			1335	1347			1405	1417			1435	1447			1505	1517
Pitsea (PSE)	d	1320			1340	1350			1410	1420			1440	1450			1510	1520
Basildon (BSO)	d	1324				1354				1424				1454				1524
Laindon (LAI)	d	1327				1357				1427				1457				1527
West Horndon (WHR)	d	1332				1402				1432				1502				1532
Stanford-le-Hope (SFO)	d		1316		1346			1346		1416			1446			1446		1516
East Tilbury (ETL)	d		1319			1349				1419				1449				1519
Tilbury Town (TIL)	8 d		1325			1355				1425				1455				1525
Grays (GRY)	a		1328			1358				1428				1458				1528
Grays (GRY)	d		1330	1352			1400	1422			1430	1452			1500	1522		1530
Purfleet (PFL)	d			1358				1428				1458				1528		
Rainham (RNM)	d			1403				1433				1503				1533		
Dagenham Dock (DDK)	d			1407				1437				1507				1537		
Chafford Hundred Lakeside (CFH)	d		1333				1403				1433				1503			1533
Ockendon (OCK)	d		1337				1407				1437				1507			1537
Upminster (UPM)	⊖ d	1337	1344			1407	1414			1437	1444			1507	1514			1537
Barking (BKG)	⊖ d	1347	1353	1412		1417	1423	1442		1447	1453	1512		1517	1523	1542		1553
Stratford (SRA)	⊖ DLR 7 a	1355				1425				1455				1525				1555
London Liverpool Street (LST)	⊖ 15 a	1403				1433				1503				1533				1603
West Ham (WEH)	⊖ DLR d		1358	1418			1428	1448			1458	1518			1528	1548		1558
Limehouse (LHS)	DLR d		1403	1423			1433	1453			1503	1523			1533	1553		1603
London Fenchurch Street (FST)	7 a		1407	1427			1437	1457			1507	1527			1537	1557		1607









NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time

Shoeburyness, Southend Central, Tilbury, Grays and Basildon to Upminster, Barking and London

Sundays

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	
Shoeburyness (SRY)	d		1513	1526			1543	1556			1613	1626			1643	1656		1713
Thorpe Bay (TPB)	d		1517	1530			1547	1600			1617	1630			1647	1700		1717
Southend East (SOE)	d		1519	1532			1549	1602			1619	1632			1649	1702		1719
Southend Central (SOC)	a		1522	1535			1552	1605			1622	1635			1652	1705		1722
Southend Central (SOC)	d		1522	1535			1552	1605			1622	1635			1652	1705		1722
Westcliff (WCF)	d		1524	1537			1554	1607			1624	1637			1654	1707		1724
Chalkwell (CHW)	d		1527	1540			1557	1610			1627	1640			1657	1710		1727
Leigh-on-Sea (LES)	d		1530	1542			1600	1612			1630	1642			1700	1712		1730
Benfleet (BEF)	d		1535	1547			1605	1617			1635	1647			1705	1717		1735
Pitsea (PSE)	d		1540	1550			1610	1620			1640	1650			1710	1720		1740
Basildon (BSO)	d			1554				1624				1654				1724		
Laindon (LAI)	d			1557				1627				1657				1727		
West Horndon (WHR)	d			1602				1632				1702				1732		
Stanford-le-Hope (SFO)	d		1546			1546		1616			1646			1646		1716		1746
East Tilbury (ETL)	d					1549				1619				1649				1719
Tilbury Town (TIL)	 d					1555				1625				1655				1725
Grays (GRY)	a					1558				1628				1658				1728
Grays (GRY)	d	1552				1600	1622			1630	1652			1700	1722			1752
Purfleet (PFL)	d	1558					1628				1658				1728			1758
Rainham (RNM)	d	1603					1633				1703				1733			1803
Dagenham Dock (DDK)	d	1607					1637				1707				1737			1807
Chafford Hundred Lakeside (CFH)	d					1603				1633				1703				1733
Ockendon (OCK)	d					1607				1637				1707				1737
Upminster (UPM)	 d					1607	1614			1637	1644			1707	1714			1737
Barking (BKG)	 d	1612				1617	1623	1642		1647	1653	1712		1717	1723	1742		1747
Stratford (SRA)	 a					1625				1655				1725				1755
London Liverpool Street (LST)	 a					1633				1703				1733				1803
West Ham (WEH)	 d	1618				1628	1648			1658	1718			1728	1748			1758
Limehouse (LHS)	 d	1623				1633	1653			1703	1723			1733	1753			1803
London Fenchurch Street (FST)	 a	1627				1637	1657			1707	1727			1737	1757			1807

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC
Shoeburyness (SRY)	d	1726				1743	1756			1813	1826			1843	1856		1913
Thorpe Bay (TPB)	d	1730				1747	1800			1817	1830			1847	1900		1917
Southend East (SOE)	d	1732				1749	1802			1819	1832			1849	1902		1919
Southend Central (SOC)	a	1735				1752	1805			1822	1835			1852	1905		1922
Southend Central (SOC)	d	1735				1752	1805			1822	1835			1852	1905		1922
Westcliff (WCF)	d	1737				1754	1807			1824	1837			1854	1907		1924
Chalkwell (CHW)	d	1740				1757	1810			1827	1840			1857	1910		1927
Leigh-on-Sea (LES)	d	1742				1800	1812			1830	1842			1900	1912		1930
Benfleet (BEF)	d	1747				1805	1817			1835	1847			1905	1917		1935
Pitsea (PSE)	d	1750				1810	1820			1840	1850			1910	1920		1940
Basildon (BSO)	d	1754					1824				1854				1924		1954
Laindon (LAI)	d	1757					1827				1857				1927		1957
West Horndon (WHR)	d	1802					1832				1902				1932		2002
Stanford-le-Hope (SFO)	d		1746			1816				1846				1916			1946
East Tilbury (ETL)	d		1749				1819				1849				1919		1949
Tilbury Town (TIL)	 d		1755				1825				1855				1925		1955
Grays (GRY)	a		1758				1828				1858				1928		1958
Grays (GRY)	d		1800	1822				1830	1852			1900	1922			1930	1952
Purfleet (PFL)	d			1828					1858				1928				1958
Rainham (RNM)	d			1833					1903				1933				2003
Dagenham Dock (DDK)	d			1837					1907				1937				2007
Chafford Hundred Lakeside (CFH)	d		1803						1833				1903				2003
Ockendon (OCK)	d		1807						1837				1907				2007
Upminster (UPM)	 d	1807	1814				1837	1844			1907	1914			1937	1944	2007
Barking (BKG)	 d	1817	1823	1842			1847	1853	1912		1917	1923	1942		1947	1953	2012
Stratford (SRA)	 a	1825					1855				1925				1955		2025
London Liverpool Street (LST)	 a	1833					1903				1933				2003		2033
West Ham (WEH)	 d		1828	1848				1858	1918			1928	1948			1958	2018
Limehouse (LHS)	 d		1833	1853				1903	1923			1933	1953			2003	2023
London Fenchurch Street (FST)	 a		1837	1857				1907	1927			1937	1957			2007	2027

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
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Shoeburyness, Southend Central, Tilbury, Grays and Basildon to Upminster, Barking and London

Sundays

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC
Shoeburyness (SRY)	d	1943	1956			2013	2026			2043	2056			2113	2126		2143	2156
Thorpe Bay (TPB)	d	1947	2000			2017	2030			2047	2100			2117	2130		2147	2200
Southend East (SOE)	d	1949	2002			2019	2032			2049	2102			2119	2132		2149	2202
Southend Central (SOC)	a	1952	2005			2022	2035			2052	2105			2122	2135		2152	2205
Southend Central (SOC)	d	1952	2005			2022	2035			2052	2105			2122	2135		2152	2205
Westcliff (WCF)	d	1954	2007			2024	2037			2054	2107			2124	2137		2154	2207
Chalkwell (CHW)	d	1957	2010			2027	2040			2057	2110			2127	2140		2157	2210
Leigh-on-Sea (LES)	d	2000	2012			2030	2042			2100	2112			2130	2142		2200	2212
Benfleet (BEF)	d	2005	2017			2035	2047			2105	2117			2135	2147		2205	2217
Pitsea (PSE)	d	2010	2020			2040	2050			2110	2120			2140	2150		2210	2220
Basildon (BSO)	d		2024				2054				2124				2154			2224
Laindon (LAI)	d		2027				2057				2127				2157			2227
West Horndon (WHR)	d		2032	←			2102	←			2132	←			2202	←		2232
Stanford-le-Hope (SFO)	d	2016			2016		2046			2116			2116		2146		2146	2216
East Tilbury (ETL)	d	←			2019	←			2049	←			2119	←			2149	←
Tilbury Town (TIL)	8 d				2025				2055				2125				2155	
Grays (GRY)	a				2028				2058				2128				2158	
Grays (GRY)	d	2022			2030	2052			2100	2122			2130	2152			2200	
Purfleet (PFL)	d	2028				2058				2128				2158				
Rainham (RNM)	d	2033				2103				2133				2203				
Dagenham Dock (DDK)	d	2037				2107				2137				2207				
Chafford Hundred Lakeside (CFH)	d				2033				2103				2133				2203	
Ockendon (OCK)	d				2037				2107				2137				2207	
Upminster (UPM)	⊖ d			2037	2044			2107	2114			2137	2144			2207	2214	2237
Barking (BKG)	⊖ d	2042		2047	2053	2112		2117	2123	2142		2147	2153	2212		2217	2223	2247
Stratford (SRA)	⊖ DLR 7 a				2055				2125				2155				2225	
London Liverpool Street (LST)	⊖ 15 a				2103				2133				2203				2233	
West Ham (WEH)	⊖ DLR d	2048			2058	2118			2128	2148			2158	2218			2228	
Limehouse (LHS)	DLR d	2053			2103	2123			2133	2153			2203	2223			2233	
London Fenchurch Street (FST)	7 a	2057			2107	2127			2137	2158			2207	2228			2237	

Operator	CC	CC	CC	CC	CC	CC
Shoeburyness (SRY)	d			2210	2226	2240
Thorpe Bay (TPB)	d			2214	2230	2244
Southend East (SOE)	d			2216	2232	2246
Southend Central (SOC)	a			2219	2235	2249
Southend Central (SOC)	d			2219	2235	2249
Westcliff (WCF)	d			2221	2237	2251
Chalkwell (CHW)	d			2224	2240	2254
Leigh-on-Sea (LES)	d			2226	2243	2256
Benfleet (BEF)	d			2231	2248	2301
Pitsea (PSE)	d			2234	2253	2304
Basildon (BSO)	d			2238		2308
Laindon (LAI)	d			2241		2311
West Horndon (WHR)	d	←		2246		2316
Stanford-le-Hope (SFO)	d	2216			2259	2259
East Tilbury (ETL)	d	2219			←	2302
Tilbury Town (TIL)	8 d	2225				2308
Grays (GRY)	a	2228				2311
Grays (GRY)	d	2230	2235			2312
Purfleet (PFL)	d		2241			
Rainham (RNM)	d		2246			
Dagenham Dock (DDK)	d		2250			
Chafford Hundred Lakeside (CFH)	d	2233				2315
Ockendon (OCK)	d	2237				2319
Upminster (UPM)	⊖ d	2244		2251		2321
Barking (BKG)	⊖ d	2253	2256	2300		2330
Stratford (SRA)	⊖ DLR 7 a					
London Liverpool Street (LST)	⊖ 15 a					
West Ham (WEH)	⊖ DLR d	2258	2302	2305		2335
Limehouse (LHS)	DLR d	2303	2307	2310		2340
London Fenchurch Street (FST)	7 a	2307	2312	2314		2345

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time