

Table T144-F

Mondays to Fridays

16 December to 15 May

St Erth - St Ives

Miles		GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW
—	Penzance	d	06 58																						
0	St Erth	d	07 06	07 50	08 49	09 38	10 18	10 48	11 18	11 48	12 18		12 48	13 19	13 48	14 18	14 48	15 18	15 48	16 19	16 48		17 18	17 48	18 18
0½	Lelant Saltings	d	07 51	08 50																					
1	Lelant	d	07x10	07x53	08x51		10x20				12x20				14x20		15x20			16x50			17x50		
3	Carbis Bay	d	07 15	07 59	08 57	09 45	10 26	10 55	11 25	11 55	12 26		12 55	13 26	13 55	14 26	14 55	15 26	15 55	16 26	16 56		17 25	17 56	18 25
4¼	St Ives	a	07 18	08 03	09 00	09 48	10 29	10 58	11 29	11 58	12 29		12 58	13 29	13 58	14 29	14 58	15 29	15 58	16 29	16 59		17 28	17 59	18 28

	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW
Penzance	d																							
St Erth	d	18 48	19 20	19 50	20 19	20 48	21 23		22 22															
Lelant Saltings	d																							
Lelant	d	18x51		19x53		20x51			22x24															
Carbis Bay	d	18 56	19 27	19 58	20 26	20 56	21 30		22 30															
St Ives	a	19 01	19 30	20 01	20 29	21 00	21 33		22 33															

Saturdays

21 December to 16 May

	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	
Penzance	d	06 50		08 41																				18 58	
St Erth	d	06 59	07 49	08 50	09 50	10 21	10 52	11 22	11 52	12 22		12 52	13 22	13 52	14 21	14 52	15 22	15 52	16 22	16 52		17 22	18 08	19 07	20 05
Lelant Saltings	d		07 51																						
Lelant	d	07x01	07x52	08x52		10x23			12x24				14x23		15x24		16x54			18x10	19x09	20x07			
Carbis Bay	d	07 07	07 58	08 58	09 57	10 29	10 59	11 29	11 59	12 30		12 59	13 29	13 59	14 29	14 59	15 30	15 59	16 29	17 00		17 29	18 16	19 15	20 13
St Ives	a	07 11	08 03	09 02	10 01	10 32	11 03	11 33	12 03	12 34		13 03	13 33	14 03	14 33	15 03	15 34	16 03	16 33	17 04		17 33	18 20	19 20	20 17

	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW
Penzance	d																							
St Erth	d	20 36	21 14	21 47																				
Lelant Saltings	d																							
Lelant	d		21x16	21x49																				
Carbis Bay	d	20 43	21 22	21 55																				
St Ives	a	20 47	21 26	21 59																				

Sundays

15 December to 10 May

	GW A	GW A	GW A	GW B	GW A	GW B	GW A	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW	GW
Penzance	d	10 27		11 40																				
St Erth	d	10 36	11 13	11 48	11 50	12 18	12 30	12 48	13 18	13 47		14 15	14 44	15 18	15 48	16 18	16 48	17 28	18 01	18 28		19 18		
Lelant Saltings	d																							
Lelant	d	10x39		11x50	11x53		12x20	12x33				14x18		15x55		16x51				19x21				
Carbis Bay	d	10 44	11 20	11 55	11 58	12 26	12 39	12 55	13 25	13 54		14 23	14 51	15 25	15 55	16 25	16 56	17 35	18 08	18 35		19 26		
St Ives	a	10 48	11 24	11 59	12 03	12 30	12 42	12 58	13 28	13 57		14 26	14 54	15 28	15 58	16 28	16 59	17 38	18 12	18 38		19 30		

A from 5 April

B until 29 March

For connections at St Erth refer to Table T135

**Table T144-R**

**Mondays to Fridays**

16 December to 15 May

**St Ives - St Erth**

Miles		GW	GW	GW	GW	GW	GW		GW	GW	GW	GW	GW	GW	GW	GW		GW	GW	GW	GW	GW	GW
0	St Ives	d	07 32	08 07	09 11	10 03	10 33	11 03	11 33	12 03	12 33	13 03	13 33	14 03	14 33	15 02	15 33	16 03	16 33	17 03	17 32	18 03	18 33
1¼	Carbis Bay	d	07 35	08 10	09 14	10 06	10 36	11 06	11 36	12 06	12 36	13 06	13 36	14 06	14 36	15 05	15 36	16 06	16 36	17 06	17 35	18 06	18 36
3¼	Lelant	d	07x40	08x15	09x19			11x10				13x10				15x09				17x39		18x41	
3½	Lelant Saltings	d			09 21																		
4¼	St Erth	a	07 44	08 19	09 24	10 14	10 44	11 15	11 44	12 14	12 44	13 15	13 44	14 14	14 44	15 14	15 44	16 16	16 44	17 14	17 44	18 14	18 47
—	Penzance	a																					

		GW	GW	GW		GW	GW	GW	GW														
St Ives	d	19 05	19 34	20 04		20 33	21 04	21 37	22 36														
Carbis Bay	d	19 08	19 37	20 07		20 36	21 07	21 40	22 39														
Lelant	d		19x42			20x41		21x45	22x44														
Lelant Saltings	d																						
St Erth	a	19 17	19 46	20 15		20 46	21 15	21 50	22 49														
Penzance	a							22 59															

**Saturdays**

21 December to 16 May

		GW	GW	GW	GW	GW	GW	GW	GW		GW	GW	GW	GW	GW	GW	GW		GW	GW	GW	GW	
St Ives	d	07 30	08 06	09 05	10 05	10 36	11 06	11 36	12 06	12 36	13 06	13 36	14 06	14 36	15 06	15 36	16 06	16 36	17 06	17 37	18 28	19 26	20 20
Carbis Bay	d	07 33	08 09	09 08	10 08	10 39	11 09	11 39	12 09	12 39	13 09	13 39	14 09	14 39	15 09	15 39	16 09	16 39	17 09	17 40	18 31	19 29	20 23
Lelant	d	07x37	08x13	09x12			11x13				13x13				15x13			17x14			18x35	19x33	
Lelant Saltings	d			09 14																			
St Erth	a	07 43	08 17	09 18	10 17	10 48	11 18	11 48	12 18	12 48	13 19	13 48	14 18	14 48	15 18	15 48	16 18	16 48	17 19	17 48	18 40	19 39	20 32
Penzance	a		08 29																		18 52		

		GW	GW	GW																			
St Ives	d	20 52	21 30	22 05																			
Carbis Bay	d	20 55	21 33	22 08																			
Lelant	d	20x59	21x37	22x12																			
Lelant Saltings	d																						
St Erth	a	21 04	21 43	22 17																			
Penzance	a			22 30																			

**Sundays**

15 December to 10 May

		GW	GW	GW	GW	GW	GW	GW		GW	GW	GW	GW	GW	GW	GW	GW		GW				
St Ives	d	10 <sup>5</sup> 53	11 <sup>5</sup> 26	12 <sup>5</sup> 03	12 <sup>5</sup> 05	12 <sup>5</sup> 33	12 <sup>5</sup> 44	13 <sup>5</sup> 03	13 33	14 00	14 29	14 57	15 33	16 03	16 33	17 03	17 41	18 14	18 41	19 41			
Carbis Bay	d	10 <sup>5</sup> 56	11 <sup>5</sup> 29	12 <sup>5</sup> 06	12 <sup>5</sup> 08	12 <sup>5</sup> 36	12 <sup>5</sup> 47	13 <sup>5</sup> 06	13 36	14 03	14 33	15 00	15 36	16 06	16 36	17 07	17 44	18 18	18 45	19 44			
Lelant	d	11x01		12x11	12x13						14x38					17x12				19x49			
Lelant Saltings	d																			19 51			
St Erth	a	11 <sup>5</sup> 05	11 <sup>5</sup> 37	12 <sup>5</sup> 15	12 <sup>5</sup> 17	12 <sup>5</sup> 44	12 <sup>5</sup> 55	13 <sup>5</sup> 14	13 44	14 11	14 41	15 08	15 44	16 14	16 44	17 15	17 52	18 26	18 52	19 54			
Penzance	a																			20 05			

A from 5 April

B until 29 March

For connections at St Erth refer to Table T135